



The 74th Annual Conference of The Indian Association of Occupational Health Mumbai Branch

4th & 5th April 2026

www.iaohmumbai.org



Theme:

Beyond Compliance:

Advancing a Holistic Approach to Occupational Health,
Safety, Environment & Corporate Governance.



Venue
MCA Club, BKC, Mumbai

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The 74th Annual Conference



The 74th Annual Conference

**THE INDIAN ASSOCIATION OF OCCUPATIONAL HEALTH
MUMBAI BRANCH**

4th & 5th April, 2026

THEME

Beyond Compliance:
Advancing a Holistic Approach to Occupational Health,
Safety, Environment & Corporate Governance.

VENUE

MCA Club, BKC, Mumbai

INDIAN ASSOCIATION OF OCCUPATIONAL HEALTH

MISSION STATEMENT

*"To be Nodal Non Governmental
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highest standards of
Occupational Health in India by
enabling stakeholders, influencing
policy makers and creating Community
consciousness"*



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CHIEF GUEST



Mr. Vishnu Mohan Jha
Chief Airport Officer
Mumbai International Airport

Mr. Vishnu Mohan Jha is a seasoned aviation and service industry professional with over 27 years of rich experience in strategic development, operations, and leadership across diverse sectors including airports, hospitality, and technology. His career is marked by transformational leadership, successfully driving complex projects that have significantly enhanced operational efficiency, customer experience, and financial performance.

An alumnus of Institute of Hotel Management, Bhubaneswar, Mr. Jha is also a Certified International Airport Professional. He has further strengthened his global leadership perspective by completing the prestigious Northstar Program from Emeritus Singapore, in collaboration with Columbia Business School and Tuck Executive Education, Dartmouth.

Mr. Jha began his professional journey with the Taj Group of Hotels, where he built a strong foundation in hospitality and customer service excellence. He subsequently held leadership roles at Dell, overseeing customer service and operations. Transitioning to the aviation sector, he has played pivotal roles in commercial and terminal operations at Bali International Airport and Mumbai International Airport, earning widespread recognition and accolades for service excellence. He has also served as the Chief Airport Officer of Jaipur International Airport.

Currently, as the Chief Airport Officer of Mumbai International Airport, he leads critical operational transitions, infrastructure development, and stakeholder coordination at one of India's busiest aviation hubs.

Beyond his professional responsibilities, Mr. Jha actively contributes to economic policy and industry development through leadership roles in ASSOCHAM and other prominent industry bodies. A passionate mentor, he is deeply committed to nurturing young talent, focusing on capability building and leadership development to shape the future workforce.

An avid reader and enthusiastic traveler, Mr. Jha brings a balanced perspective to leadership, combining professional excellence with personal growth and mentorship. His dedication to developing people—both professionally and personally—continues to leave a lasting impact on the organizations and individuals he works with.

MESSAGE FROM NATIONAL PRESIDENT



Dr. Hitesh Shingala
National President, IAOH (2025-27)

Good morning and a very warm welcome to each of you.

Distinguished chief guests, respected dignitaries, colleagues from industry and government, leaders from labour organisations, members of the professional community, academic partners, students, and friends—thank you for joining us in Mumbai for this conference on 4th and 5th April 2026.

It is an honour to address you as National President, and it is especially meaningful to do so under a theme that captures both the urgency of our times and the opportunity before us: *Beyond Compliance*.

Why “Beyond Compliance” matters now

For decades, compliance has been the foundation of occupational health, safety, and environmental stewardship. Regulations, standards, audits, and permits have helped save lives, prevent injuries, reduce exposures, and improve environmental performance. We should acknowledge that progress—and we should remain unwavering in meeting every legal and ethical obligation.

But compliance is also a baseline. It answers the question: “What is the minimum required?” Our theme challenges us to ask a better question: “What is necessary to protect people, strengthen performance, and build trust—consistently, across the value chain, and for the long term?”

Beyond compliance means shifting from a checklist mindset to a culture mindset; from reactive fixes to preventive systems; from isolated initiatives to integrated governance; and from short-term targets to sustainable resilience.

A holistic approach: integrating OHSE with corporate governance

A truly holistic approach connects four domains that are often managed in silos:

- **Occupational Health:** protecting people from exposures, fatigue, stress, and long-latency illnesses—not only from immediate harm.
- **Safety:** designing work so that the safest way is the easiest way—through engineering, planning, and competence.
- **Environment:** reducing emissions, waste, resource use, and ecological impact—while preparing for climate and supply-chain shocks.
- **Corporate Governance:** ensuring transparency, accountability, ethical decision-making, risk oversight, and stakeholder confidence.

When these four domains align, organisations do not merely “avoid incidents”—they build capability, credibility, and competitiveness. They earn trust from employees, communities, investors, regulators, and customers. Most importantly, they honour the dignity of work by ensuring every person returns home safe and healthy.

From intent to impact: what we must advance

To make “beyond compliance” real, we need a shared agenda. Allow me to propose five priorities for our community—actions that can be adapted across sectors, from large enterprises to MSMEs, from construction to chemicals, from logistics to services.

1) Leadership that is visible, accountable, and learning-oriented

Leadership is not a slogan—it is behaviour. Boards and top management must treat OHSE as a strategic business imperative, not a support function. That means:

- Setting clear expectations and measurable objectives for health, safety, environment, and ethics.
- Reviewing leading indicators—not only lagging incident data.
- Investing in prevention, training, and safer design even when there is no immediate pressure.

- Learning from near-misses and weak signals with psychological safety, not blame.

2) Risk management that anticipates, not reacts

The risks we face are evolving: new materials, new processes, outsourced work, extreme weather, cyber-physical systems, and complex contractor ecosystems. We must strengthen risk assessment through:

- Lifecycle thinking—from concept, design and procurement to operations and decommissioning.
- Process safety and high-hazard controls where relevant, with disciplined change management.
- Occupational health surveillance and exposure monitoring, supported by competent medical guidance.
- Emergency preparedness that is tested in realistic scenarios, including multi-agency coordination.

3) Capability building: competence, behaviour, and culture

Systems do not operate themselves—people do. A holistic approach requires competence at every level:

- Role-based training that builds practical skills, not only awareness.
- Supervisor and contractor capability, because frontline decisions shape outcomes.
- Human factors and ergonomics—designing tasks, tools, and schedules that reduce error and strain.
- Consistent communication in languages and formats that reach every worker.

A mature culture is one where safe choices are reinforced daily, concerns are welcomed, and improvement is continuous.

4) Data integrity and digital enablement—with governance

Digital tools can accelerate our progress: sensor-based monitoring, analytics for leading indicators, electronic permit-to-work systems, training platforms, and incident learning databases. But beyond compliance also demands data integrity and governance:

- Clear ownership of OHSE data and decision rights.
- Transparent reporting—internally and, where appropriate, publicly.
- Protection of privacy and ethical use of monitoring technologies.
- Using data to improve controls, not to penalise reporting.

5) Environmental stewardship and climate resilience as core strategy

Environmental performance is no longer peripheral. It is connected to legal risk, operational continuity, community well-being, and access to capital. A holistic approach should include:

- Resource efficiency—energy, water, and materials.
- Waste minimisation and responsible handling of hazardous substances.
- Supply-chain engagement to reduce upstream and downstream impacts.
- Climate risk assessment and adaptation planning for sites, logistics, and workforce safety.

The role of our institution and this conference

A conference is not only a calendar event—it is a catalyst. Over the next two days, we have the opportunity to:

- Share practical case studies—what worked, what didn't, and what we learned.
- Bridge perspectives across regulators, employers, workers, and technical experts.
- Strengthen professional standards and continuous development.
- Mentor the next generation of OHSE and governance leaders.

As a professional community, we must also champion integrity: calling out shortcuts, resisting the normalisation of deviance, and recognising that true performance is measured by what we prevent—not only what we produce.

A call to action: commitments we can take back

Before we conclude this gathering, I invite every participating organisation and delegate to consider committing to three concrete actions within the next 90 days:

1. **Conduct one “beyond compliance” review** of a critical risk area—focusing on the effectiveness of controls, not only documentation.

2. **Strengthen one capability**—for example, supervisor coaching, contractor onboarding, occupational health surveillance, or process safety competence.
3. **Elevate one governance practice**—a board-level OHSE dashboard, transparent incident learning, or a clear ethics and reporting mechanism.

Small actions, executed consistently, create compounding impact.

Appreciation

I extend my sincere appreciation to the Dr. Joel A Samuel- IAOH Mumbai Branch President, Major Dr Anand More (Retd) -IAOH Mumbai Branch Secretary and conference organising committee, our partners, speakers, sponsors, volunteers, and the teams working behind the scenes. Thank you for creating a platform that is thoughtful, relevant, and focused on real outcomes.

To all delegates—thank you for investing your time and expertise. Your presence reflects a shared belief: that excellence in occupational health, safety, environment, and corporate governance is not only possible—it is essential.

Closing

Let us use these two days to move from compliance to commitment; from policies to practice; from isolated efforts to integrated governance; and from short-term fixes to long-term resilience.

May this conference help us return to our workplaces with renewed clarity, stronger partnerships, and the courage to lead—so that every job is done safely, every day, for every person.

Thank you, and I wish you a successful and impactful conference

Dr. Hitesh Shingala
National President, IAOH (2025-27)

SPECIAL ACHIEVEMENTS (2025 - 2026)



Dr. Shyam Pingle

- **Positions Held**

Continues to serve as Vice President of the International Commission on Occupational Health, contributing to global leadership in occupational health.

- **Awards / Honours**

- Delivered the prestigious Dr. G. Arjundas Oration at Occucon 2026 on the topic: *"Climate Change and Occupational Health in Indian Context: Time for Action."*
- Delivered the Prof. W. B. Achwal Endowment Oration (2026) at the Institute of Chemical Technology, Mumbai on *"Climate Change Impacts in the Textile Sector"* (13 March 2026).

- **International Invitations / Speaking Engagements**

- Presented to the INSHPO Board in Osaka (14 July 2025) on *"Sustainable ODH Improvement at Workplace."*
 - Chaired a symposium at GISHW, Osaka (18 July 2025) on *"Climate Change and Workers' Health."*
-



Dr. S.M. Shanbhag

- **Positions Held**

Nominated by Indian Association of Occupational Health (IAOH) as Chairman of the Organising Committee for ICOH 2027, reflecting leadership in planning a major international occupational health event.



**Dr. Rajgopal
Thirumalai**

- Bestowed with the prestigious Prof. G. Arjundas Oration at the 75th National Conference of the Indian Association of Occupational Health, held in Chennai on 29th January 2025.
 - Appointed as President of the Rotary Club of Bombay Hills South (District 3141) on 1st July 2025; formally installed by District Governor Dr. Manish Motwani
-

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Scientific Committee
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Dr. Amruta Desai
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PRESIDENT'S MESSAGE

Dr. Joel Samuel
President,
IAOH Mumbai Branch (2025-27)



Dear Friends and Colleagues,

I welcome all delegates to the 74th Annual Conference of the Mumbai Branch of the Indian Association of Occupational Health at the iconic Mumbai Cricket Association Recreation Centre Club, right in the centre of Mumbai.

Over the past few years, the way people live has changed. Organizations have streamlined their resources to remain relevant in the competition. Composition of workforce has undergone change. Manufacturing processes have undergone change. Market demands have changed.

As Organizations have adapted newer strategies, Occupational Health Professionals are required to adopt holistic approach. It is likely that this trend will result in the setting of new and higher standards of Occupational Health Safety Environment and Corporate Governance. There is a pressing need to go beyond mere Compliance and passive Collaboration between the various branches and to move towards having a holistic approach to Occupational Sciences.

Newer tools are available and continue to evolve. It is necessary to utilize these tools to successfully harness Occupational Sciences for optimum Health, Safety, Environment and Governance.

The theme of the Conference captures the essence and seeks to unleash the potential of Occupational Health professionals to support their organizations by keeping abreast with latest developments in the field.

Scientific research the cutting edge of advance of Occupational Health. As the Conference progresses you will be able to access latest Scientific Research Papers on Occupational Health which will be presented by researchers.

The Conference will feature Scientific content from both Private and Public Sectors and give delegates an opportune insight into Occupational Sciences as practised across both these sectors.

Individuals continue to remain most valuable resource in the industry. As Occupational Health Professionals it is important to have an Employee centric approach. Occupational Professionals need to have a deeper knowledge of Employee Health and Clinical and Medical Emergency Options available for Health challenges faced by Employees and their family members. A glimpse into cutting edge Clinical medicine is also available at the conference to equip and help Occupational Health Professionals guide Employees at their Organizations avail the latest technological advances in field of Medicine.

The Conference also affords an opportunity to the Hospitals serving Employees to understand Occupational Health Conditions which may contribute to Employee Ill health and also to effectively navigate medico legal requirements of Employers.

The 74th Annual Conference of the IOAH Mumbai Branch also has exhibition stalls area where latest technology in Occupational Health and Safety will be on display for the benefit of delegates. The exhibition stall also have a dedicated stall for the International Congress of Occupational Health which will be held in February next year. Delegates can peruse details, apply for and receive various grants and scholarships as they register for this upcoming rare International Occupational Health Event at Mumbai.

The Conference also has a delectable spread for delegates to indulge their taste buds in the best culinary preparations of the chefs at the MCA. Delegates can enjoy the social event and networking lunches and Gala dinner hosted by the Conference.

I wish you the very best as you enjoy the Scientific feast prepared for you at the Conference.

Dr. Joel Samuel
President, IAOH Mumbai Branch (2025-26)

HON. SECRETARY'S REPORT

Maj (Dr.) Anand D. More (Retd)

Hon. Secretary

IAOH Mumbai Branch (2025-26)



Executive Summary

Indian Association of Occupational Health (IAOH), Mumbai branch has conducted multiple activities during the period of July 2025 to 31 March 2026.

Below is the summary of branch activities.

1. Business Activities

- 04 Executive Committee Meetings (ECM) of the Executive Committee for the tenure (2025-27) were held till now; 4th ECM was held on 13th Feb 2026.
- All ECMs were well attended with full-fledged participation of the ECM members.

2. Conferences, Collaborations and CMEs

2.1 World Hepatitis Day CME

- On Occasion of World Hepatitis Day, an MMC accredited online CME titled "Hepatitis & Occupational Health" was organised on 27 July 2025 in association with Sir H.N. Reliance Foundation Hospital, Mumbai.
- Experts discussed on various aspects of Hepatitis & its relevance to Occupational Health like Hepatitis & Fatty Liver at Work, Importance of Hepatitis vaccination, multimodal management of Chronic Hepatitis,

newer advances in management of Hepatitis, hepatic malignancies in working populations.

- More than 50 members of IAOH Mumbai attended the CME.

2.2 OCCU-HEALTH Conclave

- Another MMC accredited CME on interesting clinical topics & their relevance in Occupational Health, titled “OCCU-HEALTH Conclave” organised by IAOH Mumbai Branch in association with Dr L H Hiranandani Hospital, Powai, Mumbai on Friday, 19 September 2025 at Hotel Fairfield by Marriott, near Mumbai International Airport, Andheri.
- Various topics relevant to Occupational health like Nephrotoxic Agents in the Workplace, Occupational Urological Cancers and a panel discussion on “Liver Health in the Workplace: From Fatty Liver to Transplant – What OH Physicians Need to Know?” were deliberated upon.
- More than 48 members of IAOH Mumbai Branch attended the CME.

2.3 IAOH Mumbai Branch Outbound Convention (6th & 7th Dec 2025)

- The IAOH Mumbai Branch celebrated the end of Year 2025 with a Scientific Feast in the form of a two-day outbound convention at Upper Deck Resort, Lonavala, on 6th & 7th Dec 2025, which turned out to be an enriching and unforgettable experience for IAOH members and their families, with active participation of over 50 delegates.
- The convention had a remarkable lineup of speakers dedicated to advancing the realm of occupational health.
- Delegates attending the Convention were awarded 3 Credit Hours by the Maharashtra Medical Council.

2.4 CME with White Lotus International Hospital (13th Feb 2026)

- A Continuing Medical Education (CME) program was successfully organised by the Indian Association of Occupational Health (IAOH), Mumbai Branch, in association with White Lotus International Hospital, Navi Mumbai, on 13th February 2026 at Hotel Park, Vashi.

- The program provided an excellent academic platform for occupational health professionals and clinicians to engage in meaningful knowledge exchange and professional interaction.
- The CME reflected IAOH Mumbai's continued commitment to promoting quality medical education, strengthening industry-hospital collaboration, and advancing best practices in occupational health.
- The event was well appreciated by the participants for its academic value and seamless organisation.

3. Members Strength

- Twenty new members joined IAOH Mumbai branch between March 2023 and March 2024 including 02 transferred in from other branches.
- Total strength of IAOH Mumbai is 398.

4. Basic Occupational Health Services (BOHS) Activities (2025-26)

The Indian Association of Occupational Health (IAOH) Mumbai Branch actively promotes Basic Occupational Health Services (BOHS), focusing particularly on providing healthcare to workers in the unorganized or informal sector. Their activities are centered on training, awareness programs, and developing practical solutions.

4.1 AED & CPR Training at Mumbai Airport (Phase 1 BOHS Activity)

- Onsite Free AED & CPR training to unorganized staff members at Mumbai Airport: IAOH, Mumbai branch rolled out the first phase of this project at Chhatrapati Shivaji Maharaj International Airport (CSMIA), Mumbai on 29th September 2025, on Occasion of World Heart Day.
- Free AED & CPR training was organised for the staff of various retail shops located at CSMIA in association with Mumbai International Airport Ltd.
- The project aims to train the unorganized staff working at various retail outlets in basic CPR & AED usage techniques & general sensitization of

these employees towards prompt usage of these techniques in life-threatening conditions.

- More than 120 staff members of various retail shops located at Terminal 1 & Terminal 2 of CSMIA participated.
- Senior members of IAOH Mumbai branch volunteered as trainers.

4.2 Cancer Screening Camp (Phase 2 BOHS Activity)

- As a part of observation of World Cancer Day on 4th Feb 2026, IAOH Mumbai branch organised a FREE GENERAL HEALTH CHECK-UP & ORAL & BREAST CANCER SCREENING CAMP for outsourced & contract staff at Chhatrapati Shivaji Maharaj International Airport, Mumbai on 4th , 5th & 6th Feb 2026 in association with Saifee Hospital Mumbai.

Following Health Services Offered:

- BP & BMI
- Random Blood Sugar
- ECG
- Bone Densitometry
- Physician Consultation
- Oral Cancer Screening
- Gynaecology Consultation
- Oncologist Consultation
- 481 outsourced & contract workers took benefit of the Camp.
- Free Breast health Screening Mammography + Consultation Coupons to female employees were also offered with help of Fortis Hospital, Mulund.

4.3 Health, Hygiene and Occupational Health Awareness Program for ZP School Students (Phase 3 BOHS Activity)

- IAOH Mumbai successfully conducted a BOHS activity titled “Health, Hygiene & Introduction to Occupational Health” for students of Standards 5th to 8th at Zilla Parishad School, Uran on 25th February 2026.
- The programme witnessed enthusiastic participation from over 100 students.
- The sessions were conducted by IAOH Mumbai Branch members Dr. Damodar Lele and Dr. Reena Bhatt.
- Students were encouraged to connect these concepts with daily life at school and home.
- Special emphasis was laid on personal hygiene, healthy daily habits, cleanliness, and proper nutrition.
- Interactive discussions made the programme lively and impactful. Dr Joel Samuel, President, IAOH Mumbai briefly addressed the gathering.
- The programme was planned and executed by Dr. Jeevan Waghmare, Joint Secretary, IAOH Mumbai, in association with ONGC Uran Plant.
- The activity marked a meaningful step towards introducing school children to Occupational Health concepts.

5. Awards and Recognition

- Three of our Mumbai Branch members hold positions in National IAOH body for term 2025-27:
 - Dr. Nikunj Desai – Vice President
 - Dr. Dharmesh Parekh – Hon. General Secretary
 - Maj (Dr.) Anand More (retd) – IJOEM Journal Secretary

5.1 Positions in International Commission on Occupational Health (ICOH)

- Dr. Shyam Pingle – Vice President, ICOH
- Dr. Vandana Shinde – National Secretary (India), ICOH



- Dr. Divyang Shah – Secretary of 'OH & Development' ICOH Committee
- Dr. Nikunj Desai – Chair of 'OH in Chemical Industry' ICOH Committee
- Dr. Dharmesh Parekh – Secretary of 'OH in Chemical Industry' ICOH Committee

6. Achievements of Mumbai Branch (2025-26)

- Dr G. Arjundas Oration was awarded to Dr. Shyam Pingle, presented during the 76th National Conference held at Jamnagar in January 2026.

7. Acknowledgement

- I extend my sincere appreciation to all members of the Executive Committee and Advisory Board of the IAOH Mumbai Branch for their invaluable contributions to our initiatives.
- We are grateful to the companies, organizations, and institutions that provided Scientific Education grants, enabling us to fulfil our mission.
- Finally, heartfelt thanks to all members of the IAOH Mumbai branch for their enthusiastic participation and encouragement throughout the past year.

Maj (Dr.) Anand D. More (Retd)
Hon. Secretary
IAOH – Mumbai Branch

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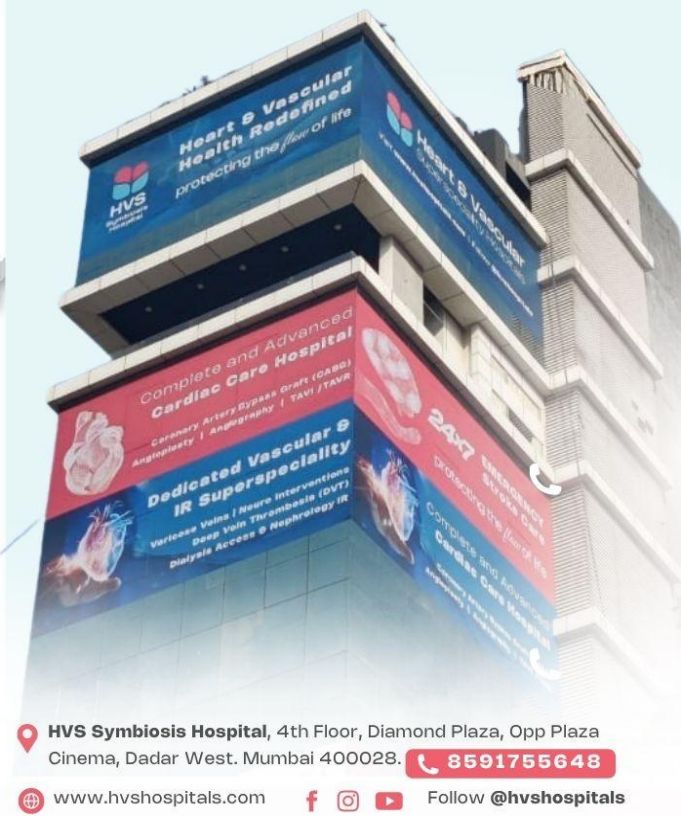


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Indian Association of Occupational Health MUMBAI BRANCH

Registered Address:
Shop No 4, Krishna Kamal Apartments,
Mithagar Road, Mulund East,
Mumbai- 400081
Website: www.iaohmumbai.org
E-mail: iaohmumbai@gmail.com

Secretariat:
Maj (Dr) Anand D. More (Retd)
A/1/104, Jeevdani Darshan, Arunodaya Nagar,
Mulund (East), Mumbai 400081
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Patron
Dr Ramnik Parekh

President
Dr. Joel Samuel

Vice Presidents
Dr. Neetika Chauhan
Dr. Aditya Paliwal

Hon. Secretary
Maj (Dr) Anand More (Retd)

Hon. Jt. Secretary
Dr. Jeevan Waghmare

Hon. Finance Secretary
Dr. Amruta Desai

Hon. Jt. Finance Secretary
Dr. Sachin Kawale

Committee Members

Dr. Divyang Doshi
Dr. Fahad Qureshi
Dr. Indrashree Dusane
Dr. Naresh Jhamnani
Dr. Neelam More
Dr. Nikunj Desai
Dr. Rakesh Matekar
Dr. Ratnakar Koyande
Dr. Rishikesh Naik
Dr. Smita Chavhan
Dr. Swapnali Yerunkar
Dr. Vinit Gaikwad
Dr. Vishnumohan J

Ex-officio Past President
Dr. Divyang Shah

Advisory Board

Dr Ajay Sati
Dr. (Maj) Bishwadeep Paul
Dr. Chaitanya Gulvady
Dr. D.V. Lele
Dr. Dharmesh Parekh
Dr. Hemant Haldavnekar
Dr. Hiren Desai
Dr. S.M. Sapatnekar
Dr. S.M. Shanbhag
Dr. S.R. Pingle
Dr. S. Sivaramkrishnan
Dr. S. V. Datar
Dr. T. Rajgopal
Dr. Vandana Shinde

NOTICE

4th March 2026

To:
All Members,
Indian Association of Occupational Health, Mumbai Branch

Notice is hereby given for the 74th Annual General Body Meeting of the Indian Association of Occupational Health, Mumbai Branch arranged as per the following details

Date: Sunday, 5th April 2026

Time: 03:00 PM to 04:00 PM.

Venue: Banquet Hall, Mumbai Cricket Association Recreation Centre,
G Block, RG-2, Bandra Kurla Complex, Bandra East, Mumbai,
Maharashtra 400051

AGENDA

1. To confirm the minutes of the 73rd Annual General Body Meeting of the Indian Association of Occupational Health held at, Hotel Four Points by Sheraton, Vashi, Navi Mumbai, at 2:00 PM on Saturday, 27th April 2025.
2. To adopt the Annual report of the Hon. Secretary.
3. To adopt Audited Statement of the Accounts.
4. To appoint Certified Auditors for the ensuing year and to fix their remuneration.
5. To consider any other business, notice of which has been given by any member to the Hon. Secretary seven days prior to the date of AGM.

Kindly make it convenient to join the meeting

Maj (Dr) Anand More (Retd)
Hon Secretary
IAOH Mumbai Branch



Indian Association of Occupational Health MUMBAI BRANCH

Registered as a Public Trust with Charity Commissioner Reg. No E-1134
GSTIN:27AAATI1275M1ZF

Registered Address:

Shop No 4, Krishna Kamal Apartments,
Mithagar Road, Mulund East,
Mumbai- 400081
Website: www.iaohmumbai.org
E-mail: iaohmumbai@gmail.com

Secretariat:

Dr Aditya Paliwal
B-4, Reliance Industries Limited, Patalganga,
MDC, Opp Bombay Dyeing Gate,
Tal- Khalapur, Dist- Raigad, 410220.
Phone: (M) +91 9998215116

President

Dr Divyang Shah

Vice Presidents

Dr Joel Samuel
Dr Nikunj Desai

Hon. Secretary

Dr Aditya Paliwal

Hon. Jt. Secretary

Dr Shelly Sagar

Hon. Finance Secretary

Dr Vinit Gaikwad

Hon.Jt. Finance Secretary

Dr Amruta Desai

Committee Members

Dr Anand More
Dr Jeevan Waghmare
Dr Kanan Yadav
Dr Mukesh Khanna
Dr Neetika Chauhan
Dr Naresh Jhamnani
Dr Rakesh Matekar
Dr Rishikesh Naik
Dr Sachin Kawale
Dr Sapna Bagchi
Dr Swapnali Yerunkar
Dr Vidya Kiran Bhat
Dr Vini Nair

Ex-officio Past President

Dr (Maj) Bishwadeep Paul

Advisory Board

Dr Ajay Sati
Dr Ashish Mishra
Dr Chaitanya Gulvady
Dr D.V. Lele
Dr Dharmesh Parekh
Dr Hemant Haldavnekar
Dr Hiren Desai
Dr Ramnik H. Parekh
Dr S.M. Sapatnekar
Dr S.M. Shanbhag
Dr S.R. Pingle
Dr S. Sivaramakrishnan
Dr S. V. Datar
Dr T. Rajgopal
Dr Vandana Shinde

27th April 2025

MINUTES OF 73rd ANNUAL GENERAL BODY MEETING OF IAOH MUMBAI BRANCH 2025

The 73rd Annual General Body Meeting (AGM) of the Indian Association of Occupational Health Mumbai Branch was held on Sunday, 27th April 2025 at Four Points by Sheraton Hotel, Navi Mumbai at 14:00 Hrs.

The Following Members attended the AGM:

1 Dr Naresh Jhamnani, 2 Maj (Dr) Anand More (Retd), 3 Rishikesh Naik, 4 Dr Bishwadeep Paul, 5 Dr S M Shanbhag, 6 Dr Sivaramakrishnan, 7 Dr Indrashree Dusane, 8 Dr Shyam Pingle, 9 Dr Chaitanya Gulvady, 10 Manoj Dabholkar, 11 Dr Vandana Shinde, 12 Dr Kirti C. Sathaye, 13 Aparna Bole, 14 Dr Santosh Datar, 15 Dr Ajay Sati, 16 Dr Hemant Haldavnekar, 17 Dr Narendra Palan, 18 Dr Rakesh Matekar, 19 Dr Jeevan Waghmare, 20 Dr Sachin Bhandare, 21 Dr Ratnakar Koyande, 22 Dr Kiran Waghmare, 23 Dr Balkirishna Adsul, 24 Dr Smita Chavhan, 25 Dr Neetika Chauhan, 26 Dr Neelam More, 27 Dr Vaishali Ghuge Avhad, 28 Dr Divyang Shah, 29 Dr T Rajgopal, 30 Dr Lakshmi Rajgopal, 31 Dr Amruta Desai, 32 Dr Joel Samuel, 33 Dr Nikunj Desai, 34 Dr Vinit Gaikwad,

President of IAOH Mumbai Branch, Dr Divyang Shah welcomed all members and invited Hon Secretary Dr Aditya Paliwal to begin the proceedings.

Dr Aditya Paliwal, Hon Secretary welcomed all members to the AGM. He requested all the members present to observe two minutes of silence to pay respect to the IAOH Mumbai Branch members who left for heavenly abode during the last year:

Following agenda were discussed:



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1. To confirm minutes of the 72nd AGM of IAOH, Mumbai Branch for the year 2024-25

The minutes of the 72nd Annual General Meeting of IAOH, Mumbai Branch for the year 2024-25, was held on Saturday, 6th April 2024 at, Larsen & Toubro Limited, AM Naik Tower, JVLR, Powai, Mumbai, 400076 at 17:30 hrs. were shared with IAOH Mumbai Branch members. The minutes members were passed as proposed by Dr Joel Samuel and seconded by Dr Indrashree Dusane.

2. To confirm minutes of the 5th ECM of IAOH, Mumbai Branch for the year 2024-25

The minutes of the 5th Executive Committee Meeting of IAOH, Mumbai Branch for the year 2024-25, was held on Saturday, 22nd March, 2025 at 11.30 AM to 12.30 PM at IAOH Office, Mulund East, Mumbai, 400081 were shared with IAOH Mumbai Branch members. The minutes members were passed as proposed by Dr Neetika Chauhan and seconded by Dr Amruta Desai.

3. To Adopt the Annual Report presented by Hon Secretary

Dr Aditya Paliwal Hon Secretary conscientiously shared the agenda outlining key Points for deliberation during 73rd AGM, ensuring all participants were well-informed. Furthermore, Dr Paliwal shared the secretary's report for 2024, identifying areas requiring correction and expressing his commitment to address them. The Annual Report was passed as proposed by Dr Rakesh Matekar and seconded by Dr Narendra Palan.

4. To Adopt the Audited Statement of accounts for the fiscal year.

- Dr Vinit Gaikwad finance secretary provided an overview of the financial status, detailing expenses from the previous year and the current balance across different accounts. He shared the 'Provisional IAOH Balance Sheet' for Financial Year 2024-25.
- Dr Divyang Shah shared that the advance payment for the ICOH 2027 has been done & accounted for. The same has been audited by CA Bhandari.
- Dr Divyang Shan informed that the overall Net Worth of IAOH has increased by 4% in the financial year 2024-2025.



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- Dr Vinit Gaikwad displayed the proposed budget for the next financial year.
- Dr S M Shanbhag enquired about the expenses for the Charity Commissioner. To which, Dr Nikunj Desai clarified that the payment to the Charity Commissioner has not been done for the past 2 years.
- Dr S M Shanbhag proposed to add 2 Lakh rupees as expenses for the Charity Commissioner in the proposed budget. This was passed as proposed by Dr S M Shanbhag and seconded by Dr Bishwadeep Paul.
- Dr Vinit Gaikwad appraised about the financial status and developments.

5. To Appoint certified Auditors for the ensuing Year and to determine their remuneration.

Dr Vinit Gaikwad (Finance Secretary) informed that fees for Auditors have been paid for last with 10% increment & the same is also projected for the next financial year. Dr Vinit proposed to continue current auditors for the next year. This was passed as proposed by Dr Hemant Haldavnekar and seconded by Dr Nikunj Desai.

Dr S M Shanbhag enquired about the maximum tenure of the same auditor & the need to change auditor at regular intervals.

6. To consider any other business, notice of which has been submitted by any member to the Hon. Secretary at least seven days prior to AGM.

Hon. Secretary Dr Aditya Paliwal informed that no such notice has been received by any of the member.

7. Election results for the term 2025-2027:

Dr Aditya Paliwal informed the AGM that nominations for various executive posts for IAOH Mumbai Branch for the term 2025-27 were received on time. Elections were not required as there were no excess of nominations against any post.



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He welcomed the new Office Bearers for 2025-27 as under:

- President Dr Joel Samuel
- Vice Presidents Dr Neetika Chauhan & Aditya Paliwal
- Hon. Secretary Maj (Dr) Anand D. More (Retd)
- Hon. Jt. Secretary Dr Jeevan Waghmare
- Hon. Treasurer Dr Amruta Desai
- Hon. Jt. Treasurer Dr Sachin Kawale

Executive Committee Members

1. Dr Divyang Doshi
2. Dr Indrashree Dusane
3. Dr Naresh Jhamnani
4. Dr Neelam More
5. Dr Nikunj Desai
6. Dr Rakesh Matekar
7. Dr Ratnakar Koyande
8. Dr Rishikesh Naik
9. Dr Smita Santosh Chavhan
10. Dr Swapnali Yerunkar
11. Dr Vinit Gaikwad
12. To be nominated in the 1st Executive Committee Meeting (ECM)
13. To be nominated in the 1st Executive Committee Meeting (ECM)

8. To discuss any other matters with permission of the Chair

- Dr Divyang Shah praised about the IAOH Collaborations with various institutions undertaken by Dr Joel Samuel.
- Executive Committee has planned for early announcement of all IAOH Mumbai Conference. This 73rd Annual Conference have successfully achieved registered participation from other IAOH Branches. Dr Divyang Shah informed that all other IAOH branches were informed & invited well in advance.
- Dr Divyang Shah confirmed that Life Membership certificates have been issued for existing IAOH members from IAOH Central. For new IAOH members, IOAH Mumbai branch are issuing membership certificates. Currently, IAOH Mumbai branch has a



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total of 388 active members. The updates were passed as proposed by Dr Shyam Pingle and seconded by Dr Nikunj Desai.

- Expression of Interest will be invited for New Orations from life members and organizations.
- Dr Divyang shared that as promised in the 72nd AGM, all paper presenters have received certificates appreciating their efforts in presenting scientific papers at the conference & the Best Paper Award has received a Medal & a Gift Hamper. No Cash Prize was given.
- As discussed in the 72nd AGM, Orientation program on Occupational Health for PG Student was conducted successfully.
- Dr Divyang Shah informed that an advance email communication was sent to all the life members to share the individual achievements of branch members.
- Concerns regarding the less number in the conference's delegate participation were discussed. Office bearers acknowledged this and committed to developing more innovative strategies for maximizing delegate participation in future events/conferences.
- Dr Shyam Pingle asked that why do we not pay any monetary remuneration for the KM Bhansali Oration. To which Dr T Rajgopal replied that any oration is an honour in itself. No need to give any monetary remuneration for the KM Bhansali Oration, instead a Medal & Memento must be given. Dr Sivaramakrishnan added that the KM Bhansali Oration was started by IAOH & not by any private organisation. Dr Naresh Jhamnani agrees to Dr T Rajgopal's opinion.

9. Following resolutions were passed in the AGM:

- 1) Dr SM Shanbhag proposed that Dr Ramnik Parekh should be made Patron in the Executive Committee & the resolution was passed unanimously by the AGM. This is to honour his lifelong contribution to IAOH. The same will be communicated to Dr Ramnik Parekh.
- 2) Dr Bishwadeep Paul proposed that the winner for the 'Best Scientific Paper Award' will be given a complimentary Full Delegate Pass for the next year's Annual Conference of IAOH Mumbai. This resolution was passed as proposed by Dr Bishwadeep Paul and seconded by Dr Indrashree Dusane.

10. Feedback from the IAOH Mumbai Members:



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- Dr T. Rajgopal, Dr S. Sivaramakrishnan, Dr Shyam Pingle, Dr S.M. Shanbhag and all Advisory Board members appreciated and congratulated Dr Divyang Shah, President, Dr Aditya Paliwal, Hon Secretary IAOH Mumbai Branch and the entire team of Office Bearers for the excellent work done during their two-year tenure.
- Dr Chaitanya Gulvady, Dr Shyam Pingle, Dr SM Shanbhag expressed that the quality of scientific papers was really very good this time. All of them congratulated Dr Joel Samuel (Chairperson, Scientific Committee) & the entire IAOH Scientific Committee for the excellent effort.
- The Advisory Board and other members commended Dr Divyang Shah and his team for organizing the 73rd Annual Conference at a wonderful venue at Four Points by Sheraton Hotel.
- The outgoing President Dr Divyang Shah and the incoming President Dr Joel Samuel addressed the AGM and expressed their gratitude.
- Dr Aditya Paliwal, Honorary Secretary, expressed gratitude and delivered a vote of thanks to all members for their active participation in the 73rd AGM.
- Dr Divyang Shah concluded the 73rd AGM of the Mumbai IAOH branch and invited all members to dinner.

Dr Aditya Paliwal
Hon. Secretary

IAOH Mumbai Branch

Email: iaohmumbai@gmail.com

Website: <https://iaohmumbai.org/>

**FROM THE DESK OF THE CHAIRPERSON,
SCIENTIFIC COMMITTEE**



Dr. Neetika Chauhan
Scientific Committee Chairperson

It gives me immense pleasure to present the Scientific Programme of the 74th Annual Conference of the Indian Association of Occupational Health, Mumbai Branch.

This theme emphasises moving beyond mere regulatory compliance to proactively integrate occupational health, safety, environmental sustainability, and strong corporate governance. It highlights a holistic, people-centred approach where these elements work together to drive resilient, ethical, and sustainable organisations, rather than functioning as isolated compliance requirements.

The Scientific Agenda of this conference has been thoughtfully curated to empower Occupational Health professionals with contemporary knowledge, practical insights, and emerging best practices. Through a balanced blend of core Occupational Health topics and forward-looking perspectives, the programme aims to support delegates in addressing real-world workplace health challenges effectively.

In addition to core Occupational Health issues, the conference offers insightful perspectives on global Occupational Health trends, academic advancements, current research, and the translation of scientific evidence into practical, on-ground solutions. The sessions span a wide spectrum of topics, including systemic manifestations of occupational diseases, preventive health and

health awareness initiatives, workplace medical emergency management protocols, facilitation of early return to work following illness, and rehabilitation after major medical events.

We are privileged to have specialist speakers from diverse disciplines, whose participation enriches the scientific discourse and fosters meaningful collaboration with Occupational Health physicians. Such interdisciplinary engagement plays a critical role in supporting comprehensive employee care and coordinated recovery pathways.

I am also delighted by the enthusiastic response to the call for papers. The conference features a diverse range of scientific papers and posters, presented by Occupational Health physicians and professionals from industry, as well as postgraduate students from various medical colleges. These papers address multiple facets of Occupational Health practice and research, and we are pleased to share the findings and conclusions of this cutting-edge work with the wider Occupational Health community.

The conference highlights the evolving significance of the Occupational Health physician, whose role today extends beyond clinical care to encompass preventive health, mental and emotional wellbeing, and workplace safety. This has progressively transformed into a multifunctional and strategic role, central to Occupational Health and Industrial Hygiene practice.

This program is the result of collective effort. I take this opportunity to express my sincere gratitude to Dr. Divyang Shah, Dr. Joel Samuel, Dr. (Maj) Anand More and Dr. Sachin Kawale to support me in this monumental task. I also extend my appreciation to the Executive Committee and Advisory Board for their continued guidance, support, and encouragement.

We look forward to welcoming you to a conference that promises to be both intellectually stimulating and practically enriching. May it serve as a platform to strengthen our shared vision of Occupational Health as a strategic driver of organizational success and employee wellbeing.

I wish you a successful and engaging conference.

**Warm regards,
Dr. Neetika Chauhan
Chairperson – Scientific Committee
74th Annual Conference, IAOH Mumbai Branch**

FROM THE DESK OF THE CHAIRMAN, SOUVENIR COMMITTEE



Dr. Jeevan Waghmare
Souvenir Committee Chairman

Respected seniors, colleagues, and friends,

I am pleased to present the Souvenir for the 74th Annual Conference of the IAOH – Mumbai Branch, held on 4th & 5th April 2026 at MCA Club, BKC, Mumbai.

A Souvenir serves as a meaningful platform to reinforce the organization's vision while capturing and preserving the collective efforts behind its initiatives. It showcases the diverse activities and achievements of the association and its members, while also offering a glimpse into the proceedings of the Annual Conference. In many ways, it stands as a record of the association's continued growth and impactful journey over the years.

I extend my sincere appreciation to the Scientific Committee, led by Dr. Neetika Chauhan, for their dedicated efforts in compiling and structuring the scientific content of the conference within a limited timeframe.

I am thankful to Dr. Joel Samuel, President of IAOH Mumbai Branch, and Dr. Anand More, Hon. Secretary of IAOH Mumbai, for their guidance, valuable inputs, and consistent support. I also express my gratitude to the Executive Committee of IAOH Mumbai Branch for entrusting me with this opportunity.



My sincere thanks to all the companies, organizations, and institutions whose support through Scientific Education grants contributed significantly to the successful compilation of this Souvenir.

I also acknowledge the professional efforts of Mr. Tushar Dhamecha and his team at Webdroid for their cooperation, responsiveness, and commitment in incorporating our requirements effectively.

I wish you all a rewarding and enriching conference experience.

Warm regards,









Dr. Jeevan Waghmare
Chairman, Souvenir Committee









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Program Details – Inaugural Ceremony Saturday, 4th April 2026

Master of Ceremony- Dr. Amruta Desai- welcoming Delegates /Guests

No	Agenda	Duration	Time
1	Welcome, Safety Induction and Multi-faith prayer	10 min	8:45 am - 8:55 am
2	E Lamp Lighting	5 min	8:55 am - 9:00 am
3	Mumbai IAOH President's Address (5 minutes): Dr. Joel Samuel	5 min	9:00 am - 9:05 am
	Hon. Secretary's Report (5 minutes): Maj (Dr.) Anand D. More (Retd)	5 min	9:05 am - 9:10 am
4	Presentation of Awards	10 min	9:10 am - 9:20 am
5	Release of e-Souvenir Dr. Jeevan Waghmare, Chairperson Souvenir Committee	5 min	9:20 am - 9:25 am
6	Address by the National President Dr. Hitesh Shingala	5 min	9:25 am - 9:30 am
7	Keynote Address by Chief Guest Mr. Vishnu Mohan Jha	10 min	9:30 am - 9:40 am
8	Vote of Thanks Dr. Sachin Kawale	3 min	9:50 am - 9:53 am
9	National Anthem	2 min	9:53 am - 9:55 am

Program Details Saturday, 4th April 2026

Officers of the Day

Dr. Amruta Desai, Dr. Ratnakar Koyande & Dr. Fahad Qureshi

<u>Time</u>	<u>Program</u>
08.00 a.m. to 08.40 a.m.	Registration & Breakfast
08.45 a.m. to 09.55 a.m.	Inaugural Ceremony
10.00 a.m. to 10.40 a.m.	<p>Dr. K. M. Bhansali Memorial Oration Speaker: Dr. Harish Shetty Topic – Sing, Swing, Smile & Shine: Success in the 21st Century Chairperson: Dr. Joel Samuel</p>
10.45 a.m. to 10.55 a.m.	Tea
11.00 a.m. to 11.30 a.m.	<p>Scientific Session I (Scientific Education Grant by MOC Cancer Care & Research Centre) Speaker: Dr. Pritam Kalaskar Topic: From Cytotoxic to Targeted Therapies: What Occupational Health Physicians Need to Know Chairperson: Dr. Sudha Ramchandran</p>
11:35 p.m. to 12.35 p.m.	<p>THEME SYMPOSIUM Moderator: Dr. Divyang Shah Panelists: Dr. R Rajesh – Occupational Health Perspective Dr. T Rajgopal – Corporate Governance Perspective Dr. Arun Kale - Environment Perspective Dr. Vipin Upadhyay – Safety Perspective</p>

<p>12:40 p.m. to 01.10 p.m.</p>	<p>Scientific Session II (Co- Principal Scientific Education Grant by Sir H.N. Reliance Foundation Hospital) Speaker: Dr. Amit Maydeo Topic: From Fibre optics to Robotics Speaker: Dr. Muffazal Lakdawala Topic: Advances in Hernia Chairperson: Dr. SM Shanbhag & Dr. R Rajesh</p>
<p>01.15 p.m. to 01.55 p.m.</p>	<p>Lunch</p>
<p>02.00 p.m. to 02.35 p.m.</p>	<p>Scientific Session III (Scientific Education Grant by Jupiter Hospital) Speaker: Dr. Parijat Gupte Speaker: Dr. Anand Ramamurthy Topic: A Townhall meeting on Two ends of Liver Diseases: Prevention & Transplantation Chairperson: Dr. Vidya Kiran Bhat</p>
<p>02.40 p.m. to 03.10 p.m.</p>	<p>Scientific Session IV (Scientific Education Grant by HVS Hospital) Speaker: Dr. Ankur Phatarpekar Topic: Structural Heart Diseases Speaker: Dr. Bhavesh Popat Topic: Varicose Veins: When not to treat?? Chairperson: Dr. Rakesh Matekar</p>
<p>03.10 p.m. to 03.25 p.m.</p>	<p>Tea</p>
<p>03.25 p.m. to 03.55 p.m.</p>	<p>Scientific Session V (Scientific Education Grant by Dr. L H Hiranandani Hospital) Speaker: Dr. Khursheed Ansari Topic: Traumatic Brain Injury in Occupational Settings: Protocols that save Lives Chairperson: Dr. Nikunj Desai</p>

<p>04.00 p.m. to 04.20 p.m.</p>	<p>Special Session Speaker: Dr. Tejas Prajapati Topic: Toxic Chemicals in Industry: Risk, Resilience, and Responsible Management Chairperson: Dr. Shyam Pingle</p>
<p>04.25 p.m. to 04.55 p.m.</p>	<p>Scientific Session VI (Co- Principal Scientific Education Grant by Apollo Hospital) Speaker: Dr. Rajesh Shinde Topic: Robotics in GI Cancer Surgery. Speaker: Dr. Sameer Chaudhari Topic: Knee pain Management - From lifestyle to Robotics Chairperson: Dr. Naresh Jhamnani</p>
<p>05.00 p.m. to 05.30 p.m.</p>	<p>Scientific Session VII (Scientific Education Grant by Kokilaben Hospital) Speaker: Dr. Manish Sontakke Topic: Workplace Wellness and Ergonomics Speaker: Dr. Dipak Bhangale Topic: From desk to Disease: The Pathophysiology of MASLD in the Sedentary Corporate workforce Chairperson: Dr. Ratnakar Koyande</p>
<p>05.35 p.m. to 06.05 p.m.</p>	<p>Scientific Session VIII (Scientific Education Grant by Philips) Speaker: Mr. Adarsh Holavanahalli Topic: Non-Invasive Digital Phenotyping of Cardiac Risk: Evidence and Applications in Enterprise Health Programmes Chairperson: Dr. Aditya Paliwal</p>
<p>06.10 p.m. to 06:40 p.m.</p>	<p>Scientific Session IX (Scientific Education Grant by White Lotus Hospital) Speaker: Dr. Nikhil Parchure Topic: Cardiac Risk at Work: Heart attacks and sudden deaths Chairperson: TBD</p>
<p>07.30 p.m.</p>	<p>Networking and Fellowship Dinner</p>

Program Details Sunday, 5th April 2026

Officers of the Day

Dr. Jeevan Waghmare and Dr. Indrashree Dusane

<u>Time</u>	<u>Program</u>
07.45 a.m. to 08.20 a.m.	Breakfast
08.30 a.m. to 09.55 a.m.	Free Scientific Papers
10.00 a.m. to 10.40 a.m.	Worksafe India Oration Speaker: Dr. Naresh Jhamnani Topic – OHSE as a Driver of Business Excellence, not a Cost Centre Chairperson: Dr. Neetika Chauhan
10.45 a.m. to 11.15 a.m.	Scientific Session X (Co- Principal Scientific Education Grant by Aditya Birla Group) Speaker: Dr. Rishikesh Naik Topic: System approach for OHS management Chairperson: Dr. Ajay Sati
11.20 p.m. to 11.35 p.m.	Tea
11.40 a.m. to 12.10 a.m.	Scientific Session XI (Scientific Education Grant by Medicovert Hospital) Speaker: Dr. Pramod Bhor Topic: From Workstation to Wellness: Early Screening of Orthopedic Problems – An Occupational Health Perspective & Solution Chairperson: Dr. Hemant Haldavnekar

<p>12:15 p.m. to 12:45 p.m.</p>	<p>Scientific Session XII (Scientific Education Grant by Bombay Hospital) Speaker: Dr. Arvind Kulkarni Topic: Minimally Invasive Spine Surgery & Early Return to Work: Myth or Reality Chairperson: Dr. Mitul Mandaliya</p>
<p>12:50 p.m. to 01:20 p.m.</p>	<p>Scientific Session XIII (Scientific Education Grant by New Era Hospital) Speaker: Dr. Gaurav Surana Topic: Acute STEMI- Bridging workplace response with advanced cardiac care Speaker: Dr. Sunil Kutty Topic: From impact to neuro intervention: Early Detection and Management of Neurosurgical Emergencies in Occupational Settings Chairperson: Dr. Narendra Palan</p>
<p>01.25 p.m. to 02.05 p.m.</p>	<p>Lunch</p>
<p>02.10 p.m. to 02.50 p.m.</p>	<p>OCCUPATIONAL HEALTH QUIZ Quiz Master: Dr. Santosh V Datar</p>
<p>03.00 p.m. to 04.00 p.m.</p>	<p>ANNUAL GENERAL BODY MEETING</p>
<p>04.00 p.m. to 04.20 p.m.</p>	<p>VALEDICTORY FUNCTION</p>

Details of Scientific Paper Presentations Sunday, 5th April 2026

Time	Program
08:30 a.m. to 08:40 a.m.	<p>Speaker: Dr. Sahithi Mandava</p> <p>Topic: Immunization Coverage Among Migrant Workers in Urban Hyderabad: A Mixed-Methods Study</p>
08:40 a.m. to 08:50 a.m.	<p>Speaker: Dr. Vivek Mandlekar</p> <p>Topic: Retrospective Analysis of Glycated haemoglobin (HbA1c) and Fasting Blood sugar mismatch and Its correlation with CBC Parameters (Haemoglobin, MCV, and Mentzer Index) in Annual Health Checkup of corporate employees.</p>
08:50 a.m. to 09:00 a.m.	<p>Speaker: Dr. Gopinath Gorige</p> <p>Topic: Acute Flaccid Paralysis in an Adolescent Worker: Descriptive Case Study and Occupational Health Implications of Vitamin D Deficiency-Related Metabolic Bone Disease</p>
09:00 a.m. to 09:10 a.m.	<p>Speaker: Dr. Asif Sayyad</p> <p>Topic: Guillain–Barré Syndrome (GBS) - Descriptive and Trigger-Based Analysis from a Tertiary Care Centre with Occupational Health Implications</p>
09:10 a.m. to 09:20 a.m.	<p>Speaker: Mrs. Kiran J. Waghmare</p> <p>Topic: Predictive Burnout Risk Detection in IT Workplaces Using an AI-Driven Occupational Health Monitoring System</p>

<p>09:20 a.m. to 09:30 a.m.</p>	<p>Speaker: Dr. Fahad Qureshi Topic: Prevalence of Subjective Daytime Sleepiness (SDS) among Corporate Employees: A Cross-sectional Study using a single time point assessment</p>
<p>09:30 a.m. to 09:40 a.m.</p>	<p>Speaker: Kounik De Sarkar Topic: Evaluating occupational and commute-driven pollutant exposure: A multi-tier urban analysis across 11 Indian cities</p>
<p>09:40 a.m. to 09:50 a.m.</p>	<p>Speaker: Dr. Nandan Mishra Topic: Workplace FibroScan Screening Reveals a Hidden Burden of Early NAFLD in Industrial Workers: Impact of Integrated Lifestyle Intervention in Occupational Health</p>
<p>09:50 a.m. to 10:00 a.m.</p>	<p>Speaker: Ms. Asavari Patankar Topic: Assessing the Impact of Mental Health First Aider Training on Employees' Perceived Anxiety</p>



35th International Congress on Occupational Health



14th – 19th February, 2027

📍 JIO World Convention Centre, Mumbai, India

**“Occupational Health, Safety & Environment –
Growth and Sustainability in Changing Times”**

SECOND ANNOUNCEMENT

🌐 To Know More:



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Email: info@icoh2027.in | www.icoh2027.in

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MESSAGE FROM THE ICOH PRESIDENT

A Journey Toward Global Responsibility for Workers' Health.

It is my great pleasure to release the Second Announcement of the 35th International Congress on Occupational Health (ICOH 2027), to be held in Mumbai, India, in February 2027. Thanks to the dedicated efforts of the International and National Organizing Committees, 11 distinguished scientists have accepted invitations to deliver keynote and plenary lectures across diverse disciplines in the broad field of occupational health and safety.

The International Commission on Occupational Health (ICOH), founded in 1906, is the oldest scientific association in the field of occupational health and safety. ICOH has about 2,000 Individual, Sustaining, and Affiliate members from more than 100 countries worldwide. Recognized by the United Nations, ICOH works closely with the International Labour Organization (ILO) and the World Health Organization (WHO). Since its establishment, ICOH has organized its flagship event, the Triennial Congress, as a global platform for advancing knowledge and collaboration in workers' health.

The ICOH Congress offers a unique opportunity to engage with colleagues and learn about the latest advances in occupational health. It is a harmonized conference of 37 Scientific Committees, public institutions, and professional associations. ICOH's scope extends beyond traditional occupational settings to include personal health care, mental health, and new social and technological contexts such as platform work, the informal sector, and vulnerable workforces. The Congress also explores new challenges and opportunities in occupational health within the AI-driven era, where digital transformation reshapes how and where we work. The up-to-date knowledge shared here enriches professional development and improves workers' health globally.

I warmly invite all professionals in occupational health and safety, regardless of background or specialty, to join us. Let us share our experiences and wisdom in Mumbai, and continue advancing the health, safety, and dignity of workers worldwide.

We look forward to welcoming you to Mumbai!

Seong-Kyu Kang

President of ICOH

Gachon University Gil Medical Center, Republic of Korea



INVITATION FROM THE ICOH 2027 CONGRESS PRESIDENT

As you are aware, The Indian Association of Occupational Health (IAOH) is hosting the 35th International Congress on Occupational Health (ICOH 2027), from the 14th to 19th February 2027 at the JIO World Convention Centre in Mumbai, India. The 4th largest Economy in the world – India, will host this event for the first time in more than 100 years history of ICOH.



The Indian Association of Occupational Health (IAOH), which is affiliated to ICOH, is the largest not-for-profit professional organization in India which is active in the discipline of occupational and environmental health and is committed to the promotion of health & safety at work. Established in 1948, IAOH has 23 Branches and more than 3000 members.

Congress Highlights

- **Theme:** “Occupational Health, Safety & Environment – Growth and Sustainability in Changing Times”
- **Plenary sessions** by global leaders and subject experts
- **Interdisciplinary participation** from scholars, researchers, professionals, managers, and decision-makers worldwide
- **Scientific Committee** ready to receive abstracts for scientific papers via the registration portal
- **Delegate fee structure** announced with attractive **early bird concessions**; registration is now open

Key Focus Areas

The Congress will feature discussions on a wide spectrum of OHS&E issues, including:

- Occupational diseases in organized and unorganized sectors
- Non-communicable diseases and mental well-being at the workplace
- Health, safety, environment, and occupational hygiene standards
- UNSDGs, ESG, and the role of AI in Occupational Health

We are sure that this 6-day Congress bringing together an interdisciplinary group of scholars, graduate students, researchers, experienced professionals, decision-makers, managers and global OH leaders will be an occasion to learn best practices and research discoveries that will certainly shape the future of our field and help raise the standards of Occupational Health, Safety and Environment. It will be a golden opportunity for a reunion of your contacts as well as establish new contacts to expand your network and resources for effective practice of OH, Safety & Environment.

This Congress will also provide an opportunity to explore “Incredible INDIA” as also experience its legendary hospitality where guests are treated as GODS (*Athithi Devo Bhava*). We look forward to welcoming you warmly to our country.

Mumbai, the Financial & Commercial Capital of India which has a diverse population covering the cultures of the various Indian States awaits you. You will experience a scientific extravaganza and the culinary feast of diverse India.

The Indian Association of Occupational Health extends a warm welcome.

Sincerely yours,

Shrinivas Shanbhag

President of ICOH 2027 Congress

CONGRESS HOSTS



The International Commission on Occupational Health (ICOH) is a global non-governmental professional society promoting scientific progress and development in occupational health and safety. Founded in 1906 in Milan, ICOH now has over 2,000 members from 110+ countries and is recognized by the UN, working closely with ILO and WHO. Its official languages are English and French.

ICOH's key activities include triennial World Congresses on Occupational Health, attended by about 3,000 participants. To serve members effectively, ICOH has Committees on Finance, Ethics, Transparency, and Scientific Advisory, along with Task Groups on communication, membership, and guidelines. Working groups address issues like decent work, global asbestos ban, occupational cancer, demographic changes, and health inequalities.

ICOH emphasizes continuous training, global development of occupational health services (including BOHS), and creating guidelines, tools, and pilot projects. It also plans a global survey on OHS in member countries. Cooperation with WHO, ILO, and other NGOs remains a strategic priority.



Indian Association of Occupational Health (IAOH), founded in 1948, is a leading national non-profit promoting occupational health and safety in India. Guided by its vision of "Occupational Health for All," IAOH advocates for safe working conditions and comprehensive health services through education, research, and collaboration.

With 3,000+ members across 23 branches, IAOH provides a multidisciplinary platform for professionals via conferences, workshops, and continuing education. Its flagship event, **OCCUCON**, and its peer-reviewed journal, **Indian Journal of Occupational and Environmental Medicine (IJOEM)**, advance knowledge and best practices.

IAOH partners with WHO, ICOH, government bodies, and industry associations to influence policy and promote evidence-based practices. It also champions worker protection in informal sectors. Driven by its motto, "**Caring for the Working People,**" IAOH strives for safer workplaces and healthier workforces, contributing to national productivity and sustainable development.

KEY DATES



Opening of Registration and
Early bird offer
December 2025

Opening of Call for abstracts
December 2025

Abstract submission close
10th April 2026

Notification of abstract
acceptance
14th July 2026

Early bird registration fee close
15th August 2026

Mid registration fee close
30th November 2026

ICOH 2027 Opening ceremony
14th February 2027



PROGRAM OVERVIEW

The 6-day Congress will focus on the theme **“Occupational Health, Safety & Environment – Growth and Sustainability in Changing Times.”** The scientific program will feature a blend of plenary and semi-plenary sessions, special symposia, oral and poster presentations, workshops, and the Global Policy Forum, covering a wide spectrum of occupational health, safety, and environment topics.

The Congress will offer participants an opportunity to share experiences, discuss challenges, and explore innovative solutions shaping the future of work and worker health. The program aims to bridge research and practice through active participation of academia, industry, public health institutions, policymakers, and professional associations.

37 ICOH Scientific Committees will contribute to the Congress program through curated sessions addressing emerging themes such as digital transformation, mental well-being, Environmental, Social, and Governance (ESG) integration, and climate-linked occupational health. Parallel sessions and symposia will highlight both global and Indian experiences in workplace health management, safety systems, and policy implementation.

Abstracts of oral and poster papers presented in the congress will be published in **Journal of Occupational Health (JOH) – the official English-language open-access journal of the Japan Society for Occupational Health.** The event will also feature dedicated timeslots for poster displays and business meetings of the ICOH Scientific Committees.

The official languages of ICOH2027 are English and French. Simultaneous translation will be provided for Plenary sessions.

	Sunday 14 February 2027	Monday 15 February 2027	Tuesday 16 February 2027	Wednesday 17 February 2027	Thursday 18 February 2027	Friday 19 February 2027	
08:30		Plenary	Plenary	Plenary	Plenary	Plenary	
09:30		Plenary	Plenary	Plenary	Plenary	Plenary	
10:30		Tea/ Coffee Break					
11:00		4 Parallel Semi-Plenaries	ICOH Policy Forum	4 Parallel Semi-Plenaries	4 Parallel Semi-Plenaries	4 Parallel Semi-Plenaries	
11:45		4 Parallel Semi-Plenaries		4 Parallel Semi-Plenaries	4 Parallel Semi-Plenaries	4 Parallel Semi-Plenaries	
12:30	Lunch Break						
13:00	Check-in to ICOH General Assembly						
14:00	1st ICOH General Assembly	22 Parallel sessions (special & oral sessions)	22 Parallel sessions (special & oral sessions)	22 Parallel sessions (special & oral sessions)	22 Parallel sessions (special & oral sessions)	Closing Ceremony	
15:30		Tea/ Coffee Break					
16:00	Opening Ceremony	22 Parallel sessions (special & oral sessions)	22 Parallel sessions (special & oral sessions)	22 Parallel sessions (special & oral sessions)	22 Parallel sessions (special & oral sessions)	2nd ICOH General Assembly	
16:30							
17:30		Break		ICOH Meetings for SCs and NSs			
17:45		Business meetings workshops	Business meetings workshops	Business meetings workshops			
18:30							
19:00	Welcome Reception						
20:00					Gala Dinner		

ICOH 2027 GLOBAL POLICY FORUM

Digitalization and AI-Driven Era. The impact of technological innovations and artificial intelligence on Occupational Health.

The world of work is undergoing an unprecedented transformation driven by digitalization, automation, and artificial intelligence (AI). This new era—sometimes referred to as the Intellectual Industrial Revolution—is reshaping not only the way we work but also how workers interact with technology, workplaces, and society.

While the first Industrial Revolution exposed workers to physical hazards such as dust, chemicals, and noise, the AI-driven revolution introduces new and complex risks that are cognitive, psychosocial, and ethical in nature. Algorithmic management, data surveillance, virtual workplaces, and platform-based employment are redefining traditional work relationships, often polarizing the workforce into highly skilled, high-income earners and low-income, precarious workers.

These transformations pose emerging challenges for workers' health, including mental fatigue, techno-stress, social isolation, irregular working hours, job insecurity, and loss of autonomy. At the same time, digitalization offers opportunities to improve health monitoring, remote risk assessment, and access to care. Understanding and managing these dual impacts will be crucial for shaping healthy, equitable, and sustainable work systems in the future.

Recognizing this paradigm shift, the Global Policy Forum will bring together participants from international organizations (ILO, WHO, OECD), regional networks, public institutes, and academic and professional associations across continents. Representatives from both high-income and low- and middle-income countries will explore how digital transformation affects different labor markets and occupational health systems, with a focus on:

- Identifying new health risks and inequalities created by automation, AI, and data-driven management;
- Understanding how workers' health differs across socioeconomic strata and geographic regions;
- Discussing policy measures and ethical frameworks needed to protect workers' rights and well-being;
- Promoting a human-centred approach and interdisciplinary collaboration among policymakers, researchers, and practitioners.

The Global Policy Forum will be a highlight of the ICOH 2027 Congress! Every delegate is warmly invited to attend the session and actively engage in the discussion, for what promises to be an impactful, thought-provoking, and topical event.



KEYNOTE AND PLENARY SPEAKERS

Keynote Speaker



Andreas D. Flouris

Director, FAME Laboratory
Professor of Physiology, University of Thessaly
Adjunct Professor, University of Ottawa,
Greece

Health impacts of climate change

Plenary Speakers



Akihito Shimazu

Professor
Faculty of Policy Management
Keio University,
Japan

**Beyond stress: Building positive
mental health at work**



Anne Helene Garde

Professor
The National Research Centre for the
Working Environment,
Denmark

**Working Day and Night – Scientific
Evidence and Policy Pathways for
Sustainable Working Hours**



Ellen MacEachen

Professor
University of Waterloo, Ontario,
Canada

**Preventing disability in vulnerable
worker groups**



Khalid Eddahiri

Chief, Occupational Safety & Health Section,
Division of Healthcare Management & OSH
Office of Support Operations,
UN Dept. of Operational Support
UNHQ, New York,
USA

**Humanitarian aid workers and occupational
health**

KEYNOTE AND PLENARY SPEAKERS

Plenary Speakers



Francesco Saverio Violante

Full Professor of Occupational Medicine
Director, Occupational Health Unit,
University of Bologna and Sant'Orsola
Malpighi Hospital,
Italy

**Technological innovation and smart
solutions to prevent MSDs**



Joaquim Pintado Nunes

Chief, Occupational Safety and Health
and Working Environment Branch
International Labour Organization,
Switzerland

Chemical safety in OH



Lanre Ogunyemi

Consultant in Occupational Medicine
Inaugural Chair, Leadership Academy
Society of Occupational Medicine,
United Kingdom

**Enhancing occupational health
leadership – training tomorrow's
occupational physicians**



Rita de Cassia Pereira Fernandes

Full Professor
Faculty of Medicine
Federal University of Bahia,
Brazil

**Precarious work as a major challenge
in changing times**



Sanjay Zodpey

President
Public Health Foundation of India,
India

**Climate Change and Occupational
Health**



Spo M. Kgalamono

Executive Director
National Institute for Occupational Health,
South Africa

**Resilient Workforces, Sustainable
Futures: Rethinking Mental Health in
Times of Change. How prioritising
mental health drives organisational
adaptability and success**

CALL FOR ABSTRACTS

The International Scientific Advisory Committee and the National Scientific Committee of ICOH 2027 invites researchers, professionals, practitioners, and students to actively contribute to the scientific program by submitting abstracts for consideration as oral or poster presentations in the Free Paper Sessions. The abstract submission platform is now open on the ICOH 2027 website - www.icoh2027.in

Publication Opportunity

Accepted abstracts will be published in an online supplement the **Journal of Occupational Health (JOH) - the official English language open access journal of the Japan Society for Occupational Health with 5 years impact factor 2.0 (2024, Clarivate)**. Only abstracts presented at the congress will be eligible for publication, enabling authors to include a citable reference in their CV.

Themes and Topics

Submissions can be made under one of the 43 subthemes covering the wide spectrum of Occupational Health, Safety, and Environment topics. The complete list of subthemes is available on the Congress website - www.icoh2027.in

Submission Guidelines

Detailed instructions on abstract preparation and submission are provided on the Congress website, along with the full list of topics. The deadline for submissions is **10th April 2026**. Though there will not be restriction on number of authors per abstract, to encourage wider participation, not more than two (02) abstracts will be allowed for each presenting author. Delegates who want to submit an abstract as Presenting Author will first need to register (create a profile) on the Congress website - www.icoh2027.in

Presentation Formats

Oral presentations will be scheduled for 10 minutes, comprising 7 minutes for delivery and 3 minutes for discussion. Poster presentations will be displayed in digital format, with opportunities for interactive discussion during the congress.

Key Dates

The abstract submission portal is **NOW OPEN**. The submission deadline is set for **10th April 2026**. Received abstracts will be peer-reviewed and notifications of acceptance will be sent by no later than **14th July 2026**.

Accreditation

Applications to UEMS EACCME and CPD for CME and CPD credits will be submitted. For Indian delegates, accreditation for CME points will be applied to Maharashtra Medical Council.

Submission Portal & Help

Abstracts must be submitted online through the Congress website at www.icoh2027.in. Queries may be directed via email to: SC@icoh2027.in



TOPICS FOR FREE PAPER SESSIONS

- **Accident Prevention**

- Smart Prevention: Leveraging innovation, inclusion, and sustainability to reduce workplace accidents in a changing climate

- **Aging and Work**

- **AI in Occupational Health & Safety**

- **Allergy and Immunotoxicology**

- **Biohazards and Occupational Health**

- **Cardiology in Occupational Health**

- **Education and Training in Occupational Health**

- **Effectiveness in Occupational Health Services (EOHS)**

- Development and evaluation of evidence-based practice guidelines in Occupational Health
- Effectiveness of Basic Occupational Health Services and of Workers' Health Surveillance

- **Emergency Preparedness and Response in Occupational Health**

- **Epidemiology in Occupational Health**

- **History of Prevention of Occupational and Environmental Diseases**

- The history of occupational health across Asia and its impact on workers' health today

- **Indoor Air Quality and Health**

- **Industrial Hygiene**

- **Integrating health and safety at the workplace**

- **Mining Occupational Safety and Health**

- OSH in small scale mining
- Climate Change, Hazards and Mining
- Vision Zero in Mining

- **Musculoskeletal Disorders**

- Musculoskeletal Disorders: Prevention and Management
- MSD in vulnerable groups of workers and new work environments

- **Nanomaterial Workers' Health**

- **Neurotoxicology and Psychophysiology**

- **Occupational and Environmental Dermatoses**

- Opportunities for the prevention of occupational dermatitis
- Skin cancer due to occupational exposures
- Occupational skin diseases: new findings

- **Occupational Health & Safety in Small-Scale Enterprises and the Informal Sector**

- Ergonomic interventions for the improvement of health and safety of workers in Small-Scale Enterprises
- Application of emerging technologies for the benefit of future Informal Sectors
- OHS Systems for Independent and informal workers in new job modalities

- **Occupational Health & Safety in the Chemical Industry**

- **Occupational Health & Safety in the Construction Industry**

- **Occupational Health and Development**

- The contribution of Occupational Health and Development to Growth and Sustainability

- **Occupational Health for Health Workers**

- Bio-hazards and Occupational Cancer in Healthcare workers
- Workplace violence in Healthcare workers
- Technology, AI and the future for decent work in Healthcare workers and Healthcare settings

- **Occupational Health Nursing**

- **Occupational Medicine**

TOPICS FOR FREE PAPER SESSIONS

- **Occupational Toxicology**

- **Radiation and Work**

- **Reproductive Hazards in the Workplace**

- **Respiratory Disorders**

- **Rural Health: Agriculture, Pesticides and Organic Dusts**
 - Impact of Rural Work Environments on Worker Health
 - Exposure to Organic Dust: Challenges and Innovations in Monitoring and Mitigation
 - Pesticide Use and Health Risks

- **Shiftwork and Working Time**

- **Thermal Factors**
 - Heat exposure and occupational productivity in Informal work settings
 - Assessing the effectiveness of passive cooling technologies in reducing indoor thermal stress

- **Toxicology of Metals**

- **Unemployment, Job Insecurity and Health**

- **Vibration and Noise**

- **Women Health and Work**

- **Work and Vision**

- **Work Disability Prevention and Integration**

- **Work Organisation and Psychosocial Factors**

- **Occupational Health in Public and Private sectors undertakings in India**

- **Occupational Safety in India**

- **Interface of Clinical and Occupational Health**

GRANTS AND AWARDS

ICOH has a strong and long-standing commitment to providing support to enable participation from delegates from low and middle-income countries (LMIC). This support continues for ICOH 2027, ensuring inclusivity and global representation.

ICOH Grants for Delegates from Low- and Middle-Income Countries

Participants from low-and middle-income countries accepted to present a paper at ICOH 2027 will be eligible to apply for a grant to support their participation, based on available resources. Applicants must be ICOH members in good standing at the time of application and they must be the presenting author for the abstract. Further details about the application process will be available on the Congress website - www.icoh2027.in

ILO Master Fellowship

A partial fellowship to attend the ILO Master in Occupational Safety and Health (conducted by the International Training Centre of the ILO in collaboration with the University of Turin, Italy) will be awarded to three eligible ICOH members from low-and middle-income countries who present scientific contribution at the Congress. Applicants must be ICOH members in good standing at the time of submitting their abstract. The award criteria will be published on the ICOH website www.icohweb.org

Student Poster Competition

ICOH 2027 will host the traditional Student Poster Competition recognizing excellence in research and communication among young scholars. To qualify, students must register and submit abstracts within the advertised deadlines. Accepted posters will be evaluated on scientific merit, presentation clarity, and the student's ability to discuss the research with the judging panel. Winners will receive a cash prize and recognition during the Closing Ceremony.

Additional Notes

Detailed criteria, eligibility requirements, and submission timelines for ICOH awards will be announced on the Congress website. Winners will be recognized during the Valedictory and Closing Ceremony of ICOH 2027.



REGISTRATION FEES AND INCLUSIONS

Registration for ICOH 2027 is NOW OPEN. To secure your place, please visit the website for more information on registration fees, accommodation, and the travel and tour options available, before completing the online registration form. Substantial discounts are being offered to ICOH members and students and to delegates from LMICs. Savings are available with the early bird offers, so we encourage you to **BOOK NOW!** Notification of abstract acceptance will be issued in good time, prior to the close of the early bird registration period, to enable participants to take advantage of these savings.

The time frames for congress registration fees:

- Early Registration: **December 2025 - 15th August 2026**
- Mid Registration: **16th August 2026 - 30th November 2026**
- Late Registration: **01st December 2026 - Congress**

Participant Registration Fee Inclusions

- Entry to the Congress Opening Ceremony and Keynote Presentation on Sunday, 14th February 2027
- Entry to the Congress Welcome Reception on Sunday, 14th February 2027
- Entry to all Congress Sessions from Monday, 15th February 2027 to Friday, 19th February 2027
- Daily lunch will be provided from Monday, 15th February 2027 to Friday, 19th February 2027
- Special arrangements have been made for evening meals (**iftar**) and **prayer facilities** for delegates observing the holy month of Ramadan
- Entry to the Congress Exhibition from Sunday, 14th February 2027 to Thursday, 18th February 2027
- Congress name badge and bag
- Access to Congress App
- Access to the online Congress Proceedings in Journal of Occupational Health (JOH) – the official English-language open-access journal of the Japan Society for Occupational Health.
- Certificate of attendance

Accompanying Person Registration Fee Inclusions

- Entry to the Congress Exhibition from Sunday, 14th February 2027 to Thursday, 18th February 2027
- Entry to the Opening Ceremony and Welcome Reception on Sunday, 14th February 2027
- Name badge

REGISTRATION FEES AND INCLUSIONS

ICOH Membership

Consider becoming an ICOH member to take advantage of the discounted congress registration fees – visit the ICOH website for information on the member benefits and fees: www.icohweb.org

Participants from Low and Middle-Income Countries (LMICs)

Visit www.icoh2027.in website to determine if you qualify for the discounted LMIC registration fee.

Student Registration

To qualify for the student rate, you must be a full-time student undertaking a program or course of study at a recognized institution. Proof of your full-time student status will be requested on registration.

Further Information

For further information, please contact registration@icoh2027.in or visit the congress website www.icoh2027.in

CONGRESS REGISTRATION FEES

Registration fees applied to International participants will be charged in US Dollar (USD)*

Early Registration (USD)

High Income Countries

ICOH Member	975
ICOH Member Student	470
ICOH Non-Member	1095
ICOH Non-Member Student	590

Low and Middle-Income Countries

ICOH Member	580
ICOH Member Student	330
ICOH Non-Member	700
ICOH Non-Member Student	450

Late Registration (USD)

High Income Countries

ICOH Member	1175
ICOH Member Student	670
ICOH Non-Member	1295
ICOH Non-Member Student	790

Low and Middle-Income Countries

ICOH Member	780
ICOH Member Student	530
ICOH Non-Member	900
ICOH Non-Member Student	650

Mid Registration (USD)

High Income Countries

ICOH Member	1070
ICOH Member Student	565
ICOH Non-Member	1190
ICOH Non-Member Student	685

Low and Middle-Income Countries

ICOH Member	690
ICOH Member Student	435
ICOH Non-Member	810
ICOH Non-Member Student	555

Accompanying Person Registration	250
Congress Gala Dinner (per person)	125

*Rates are inclusive of applicable taxes

Conference Registration Rates for Indian Delegates

- As per prevailing laws, Indian nationals cannot make payments in foreign currency to Indian merchants. Therefore, the registration fee for Indian delegates is charged in Indian Rupees equivalent to the USD amount.
- Payments must be made in INR because Indian cards are not permitted to make USD transactions to merchants within India.

Registration fees applied to participants of Indian Nationality and resident in India in Indian Rupees (INR)*

EARLY REGISTRATION (INR)

ICOH Member	₹ 51,000
ICOH Member Student	₹ 29,000
ICOH Non-Member	₹ 61,500
ICOH Non-Member Student	₹ 39,500

MID REGISTRATION (INR)

ICOH Member	₹ 60,500
ICOH Member Student	₹ 38,500
ICOH Non-Member	₹ 71,500
ICOH Non-Member Student	₹ 49,000

LATE REGISTRATION (INR)

ICOH Member	₹ 68,500
ICOH Member Student	₹ 46,500
ICOH Non-Member	₹ 79,000
ICOH Non-Member Student	₹ 57,000

Accompanying Person Registration	₹ 22,000
Congress Gala Dinner (per person)	₹ 11,000

*Rates are inclusive of applicable taxes

JOIN ICOH



We invite you to join the largest scientific and professional association in occupational health.

The International Commission on Occupational Health (ICOH) is an international non- governmental professional association whose aim is to foster the scientific progress, knowledge and development of occupational health and safety in all its aspects. ICOH was founded in 1906 in Milan as the Permanent Commission on Occupational Health. Today, ICOH is the world's leading international scientific and professional association in the field of occupational health with a membership of 2,000 professionals from over 100 countries. ICOH is recognized by the United Nations as a non-governmental organization (NGO) and has close working relationships with ILO and WHO. Its official languages are English and French. The most visible activity of ICOH is the triennial World Congress on Occupational Health, which is usually attended by some 3,000 participants. ICOH has 37 Scientific Committees. Most of them organize scientific symposia during the triennium enriching the triennial scientific program of the organization, that can count on an ICOH-sponsored scientific event happening almost every month.

Benefits for ICOH members:

- Become a member of the ICOH Global Network and participate in the scientific community on occupational health
- Join three ICOH Scientific Committees of your own interest without any additional fee
- Free participation in the ICOH Webinar Series with CPD accreditation
- Receive the ICOH Newsletter three times a year
- Get access to special contents in the private area of the ICOH website
- Get reductions in the registration fees of ICOH Triennial Congresses

Please visit www.icohweb.org to discover how to apply for the membership and to know more about the membership fees.



JIO WORLD CONVENTION CENTRE, MUMBAI

JIO World Convention Centre, located in Bandra Kurla Complex (BKC), Mumbai, is one of India's largest and most advanced convention centres. It features state-of-the-art facilities, including expansive exhibition halls, conference rooms, and a grand auditorium. Known for hosting international events, conferences, and cultural shows, it combines modern architecture with premium amenities.



Where Events Come To Life

With an area totalling 1,03,012 sq. m., Jio World Convention Centre is India's foremost venue for best-in-class exhibitions, conventions, meetings and social events.



EXHIBITION AND OPPORTUNITIES FOR SPONSORS AND EXHIBITORS

ICOH 2027 offers premier exhibition opportunities at **Reliance Jio World Convention Centre - a world-class, 50,000 sq. ft. facility** designed to international standards. This state-of-the-art venue provides an ideal setting for organizations to showcase their products, services, and innovations in occupational health, safety, and wellness.

Located adjacent to the main scientific sessions, the exhibition ensures **high delegate visibility and engagement**, attracting participants from industry, academia, and government worldwide. Exhibitors will benefit from **modern infrastructure, flexible booth layouts, and excellent networking opportunities** throughout the event.

This vibrant exhibition space is more than just a display area—it is a hub for **knowledge exchange, collaboration, and business growth**, connecting stakeholders who share a common vision of creating healthier and safer workplaces.

If your organization is interested in participating in the Congress Exhibition OR increasing its profile by participating as a sponsor or partner, please contact our Congress Professional Conference Organisers team via **partner@icoh2027.in** or visit the congress website **www.icoh2027.in**



DISCOVER MUMBAI

India's financial and entertainment hub, also known as **City of Dreams**, is a dynamic blend of tradition, innovation & cosmopolitan culture.

Located on the west coast, it's known for its bustling streets, iconic landmarks like the Gateway of India, diverse cuisine, and the Bollywood film industry.

Regarded as one of **India's safest cities**, known for its hospitality & helpful residents, fondly called Mumbaikars.

Connectivity & Transportation

- **Chhatrapati Shivaji Maharaj International Airport** (CSMIA) & Loknete D. B. Patil Navi Mumbai International Airport offer direct links to major global cities.
- City offers modern **Metro, Suburban trains & Buses** and app-based **cabs like Uber and Ola** which offer convenient commuting across the city.
- **The Venue** – JWCC in BKC is just 30 mins away from airport.

For more info, visit the congress website: www.icoh2027.in



DISCOVER INDIA



India is a diverse and vibrant country in South Asia, known for its rich cultural heritage, history, and traditions. The country has a mixed economy, being one of the fastest-growing in the world, and is known for its contributions to technology, science, and arts. Its National capital is New Delhi, and its Financial capital is Mumbai.

India: The Ideal Destination for ICOH 2027

India, the world's fastest-growing major economy and an emerging global superpower, is the perfect destination for ICOH 2027 - 35th International Congress on Occupational Health. With its strategic location, world-class infrastructure, excellent connectivity, and diverse cultural heritage, India promises an unparalleled experience for international delegates.

Ideal Weather in February

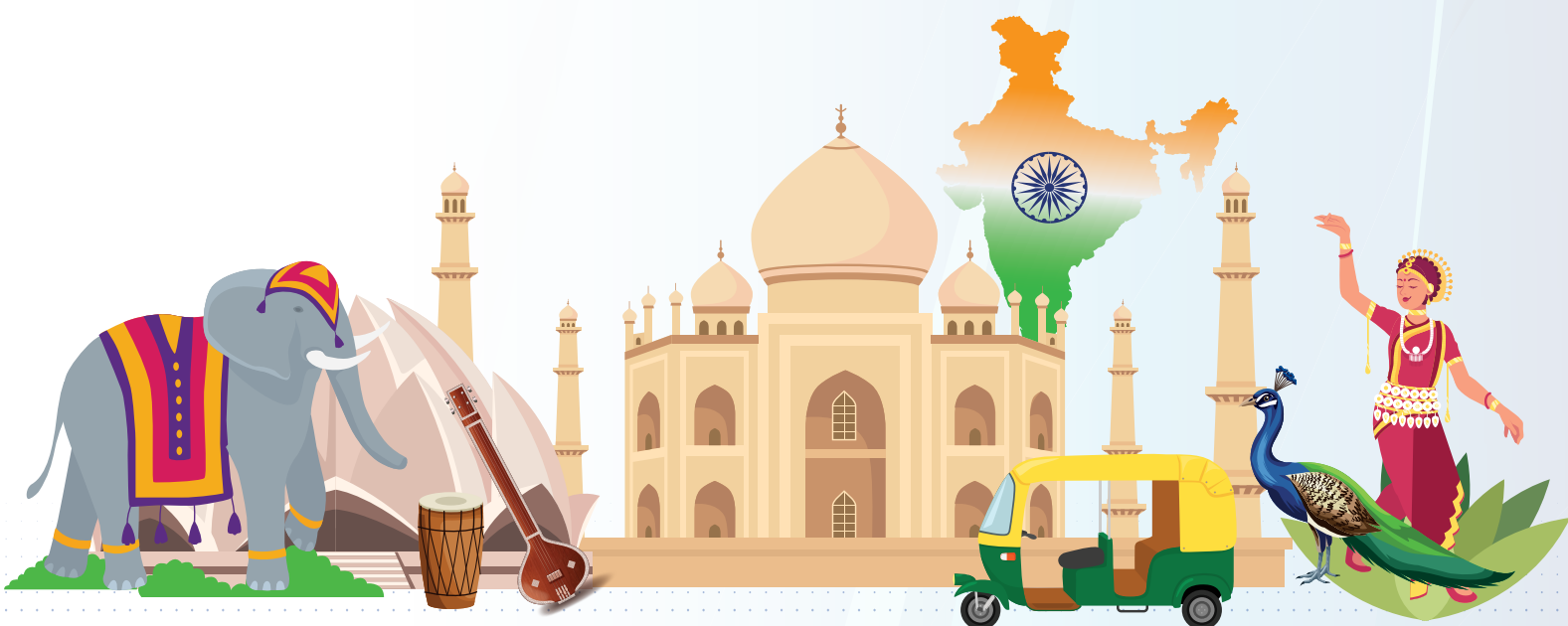
India enjoys pleasant weather in February, with Mumbai experiencing temperatures between 20-30°C (68-86°F). The cool and dry climate ensures a comfortable and enjoyable experience for attendees, allowing for smooth travel and outdoor networking events.

Tourism in India

From the majestic snow-capped peaks of North India's serene hill stations to the sun-kissed beaches of Goa buzzing with vibrant nightlife, India offers diverse travel experiences. Kerala's backwaters promise tranquil houseboat cruises amidst lush greenery, while thrilling jungle safaris provide unforgettable wildlife encounters in dense forests. Meanwhile, the grand forts of Rajasthan echo tales of valor and royalty, showcasing the country's rich heritage and architectural brilliance.

A Culinary & Cultural Delight

India's diverse cuisine offers a unique culinary experience, from Mumbai's famous street food to luxurious fine dining. The country's rich cultural heritage, traditional dance forms, and vibrant festivals create an immersive experience for international visitors.



India: The Ideal Destination for ICOH 2027

TRAVEL, ACCOMMODATION & SOCIAL PROGRAM

Travel

VISA GUIDELINES FOR TRAVEL TO INDIA

All international delegates traveling to India for the conference in Mumbai are required to obtain a valid Conference Visa. You may apply for a Conference e-visa up to 120 days before your date of arrival and no later than 4 days prior to travel. For those applying through an Indian Embassy or Consulate (regular/paper visa), it is recommended to apply 45–60 days before travel to allow sufficient time for processing and mandatory governmental clearances.

As part of our support, we will provide official invitation letters and conference clearances by ministries to facilitate your visa application.

For the most accurate and up-to-date information, delegates are kindly requested to refer to the official visa portal of Government of India - www.mea.gov.in

Accommodation

Discover world-class comfort in the heart of Mumbai's modern business district. Bandra Kurla Complex (BKC) offers an exceptional range of hotels — from luxury to business-class — all within easy reach of the congress venue. With excellent amenities, international cuisine, and convenient access to the airport and city highlights, delegates can look forward to a seamless and enjoyable stay. Special rates will be arranged at select partner hotels located close to the venue for the convenience of our delegates.

For more information visit the congress website www.icoh2027.in



Social Events

Immerse yourself in the colors and charm of India! The congress social program offers delegates an opportunity to experience India's renowned hospitality and cultural diversity featuring a welcome reception, gala dinner, traditional music and dance performances, and engaging networking evenings. Delegates will enjoy a perfect blend of culture, cuisine, and camaraderie — making the conference not just academically enriching but also memorable and enjoyable.



ICOH 2027 COMMITTEES

INTERNATIONAL SCIENTIFIC ADVISORY COMMITTEE

- **Martin Hogan** (Chair, ICOH Vice-President)
- **Seong – Kyu Kang** (ICOH President)
- **Shyam Pingle** (ICOH Vice-President)
- **Diana Gagliardi** (ICOH Secretary General)
- **Jukka Takala** (ICOH Past President)
- **Sergio Iavicoli** (ICOH Past Secretary General)
- **Claudina Nogueira** (Coordinator ICOH Congress Awards)
- **Marilyn Fingerhut** (USA)
- **Andrew Curran** (HSE)
- **Catherine Kelaher** (ANZSOM, Australia)
- **Alain Marchand** (IRSST, Canada)
- **Adeline Ng** (Ministry of Manpower, Singapore)
- **Daan Kocks** (SASOM, South Africa)
- **Dagfinn Matre** (STAMI, Norway)
- **Seichi Horie** (UOEH, Japan)
- **Joaquim Pintado Nunes** (ILO, LABADMIN/OSH Chief)
- **Maria Neira** (WHO, Director, Dept Public Health, Environment and Social Determinants of Health)
- **Marcelo Abi-Ramia Caetano** (ISSA Secretary General)
- **Ho Siong Hin** (IALI President)
- **Andrew Thatcher** (IEA President)
- **Matthew Olotu** (IOHA President Elect)
- **Alexis Descatha** (ICOH Board Member)
- **Rosylane Rocha** (ICOH Board Member)
- **Riitta Sauni** (ICOH Board Member)
- **Akizumi Tsutsumi** (ICOH Board Member)
- **Chairs of the 37 ICOH Scientific Committees**

TRUSTEES COMMITTEE

- **Paul Schulte** (Chair)
- **Suvi Lehtinen**
- **Maureen Dollard**
- **Dingani Moyo**
- **Frida Fischer**
- **Stavroula Leka**
- **Norito Kawakami**
- **Joaquim Pintado Nunes**
- **Ivan Ivanov**

ADVISORY COMMITTEE

- **Jorma Rantanen** (Chair)
- **Jukka Takala** (ICOH Past President)
- **Kazutaka Kogi** (ICOH Former President)
- **Bengt Knave** (ICOH Former President)
- **Jorge Alberto Morales** (ICOH 2012 Congress President)
- **Hyun Joong Kim** (ICOH 2015 Congress, KOSHA President)
- **Martin Hogan** (ICOH 2018 Congress President)
- **Malcolm Sim** (ICOH 2022 Digital Congress Co-President)
- **Abdeljalil El Kholti** (ICOH 2024 Congress President)

ICOH 2027 COMMITTEES

NATIONAL SCIENTIFIC COMMITTEE

- **T. Rajgopal** (Chairperson)
- **Bobby Joseph** (Co-Chair)
- **Divyang Shah** (Secretary)
- **Bhavesh Modi** (Member)
- **Deepali Khode** (Member)
- **Guruprasad H S** (Member)
- **Krishna Nirmalya Sen** (Member)
- **Monalisha Sahu** (Member)
- **Naveen Ramesh** (Member)
- **Pankaja Raghav** (Member)
- **Prahlad Sishodiya** (Member)
- **Priyanka Roy** (Member)
- **Rakesh Saxena** (Member)
- **S. Sunder** (Member)
- **Sandeep Sharma** (Member)
- **Suvarna Moti** (Member)
- **Vidya Kiran Bhat** (Member)

NATIONAL ORGANISING COMMITTEE

The Team

Patron
Ramnik Parekh

Chairperson
Shrinivas Shanbhag

Vice Chairperson
R. Rajesh

Organizing Secretaries
Dharmesh Parekh | Nikunj Kumar Desai

Finance Secretaries
Naresh Jhamnani | Sanjay Rotithor

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T. Rajgopal
Scientific Committee

Sudha S. Ramachandran
Resource Committee

Shyam Pingle
International Liaison

Vandana Shinde
Registration

Joel Samuel
Logistics Committee

Rakesh Matekar
Logistics Committee

Bishwadeep Paul
IT & Digital

Parul Malhotra
Social Media

Vishwaraj Mhalshekar
Public Relations

Basanta Kumar Behera
PSU Outreach

IAOH Office Bearers (2025-2027)

Hitesh Shingala
President

Kishor G Parikh
Vice President

Nikunj Kumar Desai
Vice President

Dharmesh Parekh
Hon. General Secretary

Govinda Narke
Hon. Jt. Secretary

Vishwaraj Mhalshekar
Finance Secretary

Bobby Joseph
Editor, IJOEM

CHAIRS OF ICOH SCIENTIFIC COMMITTEES

- **Karen Michell** – Accident Prevention
- **Karin Proper** – Aging and Work
- **Hiroo Wada** – Allergy and Immunotoxicology
- **Albert Nienhaus** – Biohazards and Occupational Health
- **Jian Li** – Cardiology in Occupational Health
- **Lanre Ogunyemi** – Education and Training in OH
- **Frederieke Geraldine Schaafsma** – Effectiveness in Occupational Health Services
- **Susanne Schunder-Tatzber** – Emergency Preparedness and Response in Occupational Health
- **Laura Beane-Freeman** – Epidemiology in Occupational Health
- **Jason Glaser** – History of Prevention of Occupational and Environmental Diseases
- **Heidi Joanna Salonen** – Indoor Air Quality and Health
- **Rosa Maria Orriols Ramos** – Industrial Hygiene
- **Jinky Leilanie del Prado Lu** – Mining Occupational Safety and Health
- **Deepak Sharan** – Musculoskeletal Disorders
- **Veruscka Leso** – Nanomaterial Workers' Health
- **Sibel Kiran** – Neurotoxicology and Psychophysiology
- **José Hernan Alfonso** – Occupational and Environmental Dermatoses
- **Aditya Jain** – Occupational Health and Development
- **Acran Badih Salmen-Navarro** – Occupational Health for Health Workers
- **Angela Butkovic** – Occupational Health Nursing
- **Somnath Gangopadhyay** – Occupational Health in Small-Scale Enterprises and the Informal Sector
- **Nikunj Kumar Desai** – Occupational Health in the Chemical Industry
- **Alberto Caban-Martinez** – Occupational Health in the Construction Industry
- **Gogillan Sevaratnam** – Occupational Medicine
- **Giovanna Tranfo** – Occupational Toxicology
- **Alberto Modenese** – Radiation and Work
- **Narufumi Suganuma** – Respiratory Disorders
- **Hanifa Denny** – Rural Health: Agriculture, Pesticides and Organic Dusts
- **Imelda Wong** – Shiftwork and Working Time
- **Vidhya Venugopal** – Thermal Factors
- **Ivo Iavicoli** – Toxicology of Metals
- **Anna Suraya** – Unemployment, Job Insecurity and Health
- **Igor Bello** – Women Health and Work
- **Claudio Taboadela** – Work and Vision
- **Alex Collie** – Work Disability Prevention and Integration
- **Michael Ertel** – Work Organisation and Psychosocial Factors





CONGRESS SUPPORT PARTNERS



श्रम एवं रोजगार मंत्रालय
GOVERNMENT OF INDIA
**MINISTRY OF LABOUR &
EMPLOYMENT**



Government of India
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DEPARTMENT OF COMMERCE



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OCCUPATIONAL HEALTH

PROFESSIONAL CONFERENCE ORGANISER

medivision

FURTHER INFORMATION

CONFERENCE SECRETARIAT

Medivision Infomedia Pvt. Ltd.

602, 6th Floor, Universal Majestic, Off. Eastern Express Highway,
Ghatkopar-Mankhurd Link Road, Chembur (West), Mumbai, India - 400 043

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Email: info@icoh2027.in | www.icoh2027.in

ICOH 2027 – Grants & Opportunities for Indian Delegates

Category	ICOH Grant	Dr. Rajgopal Fellowship	IAOH Mumbai Fellowship	IAOH Jamnagar
Eligibility	Abstract accepted (Oral/Poster), LMIC	Indian delegates	<ul style="list-style-type: none"> IAOH Mumbai Member Should not be in receipt of any other financial support / grant / fellowship to attend the ICOH 2027 Must Register for the ICOH 2027 by paying the early bird charges (Rs.51000/-) before 31 May 2026 Must commit to assist the Organising committee of ICOH 2027 as a volunteer 	<ul style="list-style-type: none"> Postgraduate (PG) Students Occupational Health Physicians who are not receiving institutional or any other Grant Support
Type of Support	Waiver of Registration / Accommodation / Travel	₹25,000 travel support	₹25,000 support (reimbursement)	50% reimbursement of the Delegate Registration Fee
No. of Beneficiaries	Not mentioned	20	20	Not mentioned
Selection Criteria	Scientific merit, LMIC	Nil	Nil	Abstract acceptance will be preferred

Registration Fee Impact	Partial/Full waiver	₹51,000 – ₹25,000 = ₹26,000	₹51,000 – ₹25,000 = ₹26,000	50% of registration fees paid before 30 April 2026
Application Process	Through ICOH submission	As per announcement	Need to write to iaohmumbai@gmail.com along with proof of payment of ICOH 2027 Registration Charges before 31May 2026	Eligible candidates are required to apply through the attached Google Form Link. https://forms.gle/yKykahXcpAH9RTxc7
Deadline for abstract submission	10 April 2026	Not Applicable	Not Applicable	10 April 2026

Key Benefits of Participating

- Abstract publication in international journal (IF ~2.2)
- Presentation before global experts
- Eligibility for Best Paper / Poster awards
- Exposure to latest global developments
- High-value networking opportunities
- Strong academic & professional visibility
- Prestigious once-in-3-years global event

Registration & Abstract Submission:
<https://icoh2027.org>





DR. K. M. BHANSALI

(1914 - 1972)

Dr. K. M. Bhansali Memorial Oration was instituted by the Indian Association of Occupational Health, Bombay Branch during its Silver Jubilee Year 1977 to commemorate yeoman service of the late Dr. Kirtilal M. Bhansali to the Association. Dr. K. M. Bhansali was a pioneer in the field of Occupational Health. He was Past- President of IAOH and A.A.O.H. at the time of the Asian Conference on Occupational Health held in Bombay in 1968. Eminent Cardiologist, Popular Physician and Great Humanitarian, Dr. K. M. Bhansali treated rich and poor with equal devotion. The Award consisting of a Citation and a Plaque is awarded yearly to an Eminent Scientist in the field of Occupational Health. The first recipient of the award was Dr. Robert Murray of U.K.

DR. K. M. BHANSALI ORATION



Dr. Harish Shetty
MBBS, MD, DPM, DCM

Mental Health Professional | Community Leader | Advocate for Social Well-being

Dr. Harish Shetty is a distinguished mental health expert with over three decades of experience in psychiatry, community mental health, and psychosocial rehabilitation. He has dedicated his career to spreading awareness on mental health, suicide prevention, and fostering emotional resilience across diverse sections of society.

He serves as the President of My Home India, working towards integrating communities across the country, and is a Governing Board Member of the National Testing Agency, contributing to national-level educational initiatives. Dr. Shetty is actively engaged in capacity-building efforts, conducting mental health workshops in schools, institutions, corporates, and community settings, and teaching *Sanghatan Shashtra* to corporates and diverse agencies.

Dr. Shetty has received international recognition, having been invited by the World Health Organization (WHO) for leadership training in 1993 and 1994, chaired by Dr. Norman Sartorius, as one of 17 young mental health leaders. He has also served as a Visiting Faculty at the Tata Institute of Social Sciences (TISS) in the late 1990s and has been invited by universities across India to deliver lectures on mental health.

A strong advocate for public mental health, he has played a critical role in providing psychosocial support during major disasters and crises. Notably, he worked extensively in Latur following the 1993–1994 earthquake, offering sustained mental health relief. His broader work includes interventions during the Gujarat riots, Mumbai floods, and support for seafarers affected by piracy.

He has contributed significantly to training members of the judiciary, law enforcement agencies, educators, and healthcare professionals across India. Dr. Shetty has also been instrumental in developing mental health systems for schools, NGOs, counseling centers, and institutions nationwide.

His association with the Bombay High Court has led to impactful policy and systemic reforms, including key petitions influencing educational and mental health practices in Maharashtra. An accomplished academic, speaker, and columnist, he continues to shape public discourse through leading publications and media platforms.

Fluent in multiple languages including English, Hindi, Marathi, Gujarati, and others, Dr. Shetty combines clinical expertise with grassroots engagement, striving to build a mentally healthier and more compassionate society.

WORKSAFE INDIA ORATION



Dr. Naresh Jhamnani

Head – Medical Services, Adani Electricity Mumbai Limited

Dr. Naresh Jhamnani is a qualified medical professional with an MBBS degree and an Associate Fellowship in Industrial Health (AFIH) from the Central Labor Institute, Mumbai.

He currently serves as the Head of Medical Services at Adani Electricity Mumbai Limited, where he is responsible for ensuring and providing comprehensive occupational health services to employees and their families & Business partners as well.

With extensive experience of 17 years in occupational health, Dr. Jhamnani previously worked as a Divisional Medical Officer at Reliance Energy Ltd.

In his present role, he not only leads the medical function but also plays a pivotal role in shaping organizational health policies and programs.

His contributions include the design and implementation of workplace wellness programs, conducting first aid and emergency medical training, establishing standard operating procedures (SOPs) for emergency care & ensuring compliances with Management systems such as OHSAS, EMS & government regulations.

Dr. Jhamnani is an active member of the Indian Association of Occupational Health (IAOH), Mumbai Branch for over 17 years.

He has contributed significantly to the functioning of the branch, having served two terms as the Honorary Finance Secretary, where he played a vital role in consolidating and organizing Bank accounts, returns and statutory compliances & also adopting digital processes.

He is the Finance committee Chairperson of the upcoming IAOH ICOH 2027 Congress to be held in Jio World Convention Center, Mumbai.

He has been a panelist & also moderated 'Theme' & other symposiums during IAOH Mumbai branch conferences apart from Chairing scientific sessions.

His professional work has also been recognized academically, as he is the recipient of the Hindustan Unilever Limited (HUL) Award for the Best Paper at the IAOH Mumbai Branch Annual Conference.

He is particularly interested in advancing occupational health, preventive medicine, and workplace wellness, with a focus on evidence-based practices that enhance employee well-being and organizational productivity.

Through continuous learning and professional development, Dr. Jhamnani seeks to integrate the latest advancements into occupational health strategies.

THEME SYMPOSIUM



Dr. R Rajesh

Dr. R Rajesh is Group Head – President, Medical & Occupational Health Services – Reliance Industries Limited since 2011. He is MD Preventive and Social Medicine, MBA in Health Care with 30+ years of experience. Dr Rajesh has been working with Reliance since 1996. He has been invited as a speaker at International and National conferences and Reliance Industries Limited has won several recognitions and awards at International and National levels.

- Board member of International Commission on Occupational Health
- Member of the Steering Committee for World Economic Forum on Mental Health
- Vice Chairman, Organising Committee, International Commission on Occupational Health Congress 2027
- Past President-Indian Association of Occupational Health (IAOH).
- Member & Past President – Rotary Club, Silvassa
- Received Dr. CKR Centenary Award for Lifetime Achievement from IAOH
- Received IAOH prestigious orations/awards- Fellowship of IAOH, PV Thacker Memorial, JC Kothari, CK Ramchandran, ADM oration, OHSF Mumbai, Best Resource person award.
- Received the Hall of Fame Award 2024 for Heathy Workplace by Arogya World India Trust in collaboration with the Public Health Foundation of India for Reliance Industries Limited
- Received Duty of Care special mention award 2023 & 2017 from International SOS for Reliance Industries Limited



**Dr. Rajgopal
Thirumalai**

Dr Rajgopal Thirumalai

- Adjunct Faculty, Public Health Foundation of India
- Hon Professor of Health and Wellness, Sri Sri University
- Independent Director HDFC ERGO General Insurance Company Ltd.
- Governing Board Member, National Safety Council (India)

Dr. Rajgopal is a Global Health Care Leader who has led multicultural teams in improving health and wellbeing across various geographies of the world.

He is a Post Graduate in Preventive Medicine (MD), Public Health (DPH), Occupational Health (DIH) and Health & Hospital Administration (DNB)., Fellow of the Royal College of Physicians, Ireland (FRCP-I)., Fellow of the Faculty of Occupational Medicine, United Kingdom (FFOM)., Fellow of the Faculty of Occupational Medicine, Ireland (FFOM- I) a Fellow of the Indian Association of Occupational Health (FIAOH), and Indian Public Health Association (FIPHA). He has been trained through executive education courses on health management from Harvard School of Public Health. He has certifications in Artificial Intelligence in Health care from National University Singapore and in Digital Transformation in Health Care from Imperial College London.

As Vice President, Global Medical and Occupational Health of Unilever Plc, (Retired effective 1st January 2021), he was responsible for providing strategic inputs and leadership in comprehensive health care covering 150,000 employees across 100 countries globally.

He is a Certified Independent Director (from Ministry of Company Affairs), a Fellow of the Institute of Directors (India), and is currently on the Board of "HDFC Ergo General Insurance Company Limited"

He also serves on the Governing Board of the National Safety Council.

Currently he is an Adjunct Faculty with the Public Health Foundation of India (PHFI) and is a member of the Advisory Committee for the Centre for Environmental Health at PHFI.

Dr. Rajgopal is the recipient of the Dr. B C Roy National Award (2016) in Medicine, conferred by the Medical Council of India and bestowed by the *President of India* at Rashtrapati Bhavan, New Delhi. He has received multiple awards in Occupational Health from the Indian Medical Association (IMA) and the Indian Association of Occupational Health (IAOH), including lifetime achievement awards from both IMA and IAOH.



Dr. Arun Kale

Dr. Arun Kale

General Manager- Corp Safety & Health, Tata Motors Passenger Vehicles

Professional Summary

1995-2019: Tata Motors Health Services

- Successfully installed first ever cardiac rehab program for high-risk employees.
- Helped Create TML specific health indices- Health index & wellness index.
- Created digital toxicology directory of >900 chemicals used in TML.

2019-2023: Head & General Manager- Corporate Safety & Health, Tata Motors

- >100 manager across India (80K employees, 8 plants, 11 warehouses, 2200+ workshops)
- Achieved back-to-back fatality free years (FY 2019-20, FY 2020-21, FY 22-23) after gap of 7 years.
- Created benchmark initiatives like Proactive safety index & concept of Critical to safety controls which were declared as 'Promising practices' within Tata Group; adopted later by Group companies.
- Member of High-level Task force on Covid by Tata group & Tata group Safety alliance.
- Trustee: Tata Motors employee's education trust, TML Atithi Society, Employee Medical Benefit Scheme trust & IAOH, Pune.
- Appointed as 'Advisor' by Tata Medical & Diagnostics (new healthcare company by Tata Group)

Awards:

- Golden Peacock awards 2019, 2021, 2023, 2024- Occupational Health & Safety
- Healthy workplaces Platinum award- 2023
- BEL-Ind award, CM Shah trophy (occupational Health)

Expertise in Safety/ Climate Change/ occupational health/ health Insurance/ wellness



**Dr. Vipin
Upadhyay**

Dr. Vipin Upadhyay

Head of HSE & Sustainability at Thermax Limited. With over 30 years of rich experience across leading organizations such as ABB, Schneider Electric, and Larsen & Toubro, he has been instrumental in driving excellence in Health, Safety, Environment, and ESG practices.

Holds an Advanced Diploma in Health, Safety & Risk Management from the University of Portsmouth, UK, along with a Post Graduate Diploma in Energy Management.

Strong hands-on experience in strategizing and leading Occupational Health and wellness initiatives, along with building robust safety cultures and sustainability programs.

Also a certified trainer in globally recognized programs such as SAFESTART and IOSH, and has been actively driving digital transformation in HSE systems.



Dr. Divyang Shah

Dr. Divyang Shah is a leading expert in occupational health with over 30 years of experience spanning Petrochemicals, Fertilizers, Refineries, Oil & Gas, and the Construction & Engineering industries. Currently, he is the General Manager and Head of Medical, Welfare, and Community Health Services at Larsen & Toubro Limited.

Dr. Shah's career is defined by pioneering contributions to occupational health. He introduced group floater medical insurance in the petrochemical sector in 1997 and spearheaded CASHe, an innovative health initiative, in a refinery in 2003.

He developed an occupational health management system tailored for the Oil and Gas industry and, in 2020, authored the IAOH Guidance Document on Post-COVID-19 Safe Return to the Workplace.

Internationally trained in Basic Occupational Health Services (BOHS) at LM University, Germany, and an alumnus of IIM-Ahmedabad's leadership program, Dr. Shah excels in emergency medical services, health audits, and epidemiological analysis. His involvement in the Surat Plague epidemic study in 1992 and his proficiency in data-driven health solutions have significantly advanced the field.

Dr. Shah's leadership roles include President of IAOH – Mumbai (2023-25), Chairman of IAOH's Web & Social Media Committee (2007- 2019, 2024-25), Honorary Secretary of ICOH's Scientific Committee on Occupational Health and Development, and National Secretary of Scientific Committee of ICOH2027.

He has been honored with numerous accolades, latest being the Sir Ardeshir Dalal Memorial Oration in 2024 and recognition as India's best occupational health resource person in 2012.

PHILIPS

Don't Wait for Symptoms. Detect Risk Early.

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- Radiology
- Robotic Surgery





ABSTRACTS

Topic: Guillain–Barré Syndrome (GBS): Descriptive and Trigger-Based Analysis from a Tertiary Care Centre with Occupational Health Implications

Author/Presenter: Dr. Asif Sayyad

Co-Authors: Dr. Priyanka Jadhav

Introduction: Guillain-Barré Syndrome (GBS) is an acute immune-mediated polyradiculoneuropathy characterised by rapidly progressive limb weakness, areflexia, and variable sensory and autonomic dysfunction. It is commonly preceded by antecedent infections — most frequently acute gastroenteritis or upper respiratory tract infections — that trigger immune-mediated peripheral nerve injury through molecular mimicry. GBS demonstrates heterogeneous clinical and electrophysiological subtypes, which significantly influence disease severity, recovery trajectory, and long-term prognosis. From an occupational health perspective, acute neuromuscular disorders can lead to temporary or prolonged functional impairment, adversely affecting productivity, work performance, and workplace safety. Early diagnosis and prompt immunotherapy are therefore essential to reduce disability burden and to support comprehensive rehabilitation and return-to-work planning.

Methodology: This descriptive prospective observational study included fourteen patients diagnosed with GBS at a tertiary care centre. Patients presenting with acute or subacute ascending weakness and areflexia underwent detailed clinical assessment. Comprehensive history regarding antecedent infections was obtained. Cerebrospinal fluid (CSF) analysis was performed to assess albuminocytological dissociation, and nerve conduction studies were conducted to classify electrophysiological subtypes (AIDP, AMAN, AMSAN). Treatment modalities — including intravenous immunoglobulin (IVIg) therapy and supportive care — were documented. Functional disability was graded using the Hughes Functional Grading Scale at admission and discharge to evaluate recovery and residual functional capability.

Results: Acute gastroenteritis was the most frequent antecedent trigger, followed by upper respiratory tract infection. CSF analysis demonstrated albuminocytological dissociation in the majority of patients. Electrophysiological evaluation identified acute inflammatory demyelinating polyneuropathy (AIDP) as the most common subtype; axonal variants including acute motor axonal neuropathy (AMAN) were associated with greater initial severity and slower functional recovery. Most patients received IVIg as first-line therapy; a small proportion required ventilatory support due to respiratory muscle involvement. Significant improvement in Hughes Functional Grading Scale scores was observed at discharge. Early immunotherapy combined with structured rehabilitation contributed to improved functional outcomes, with direct relevance to restoring daily activities and supporting safe occupational reintegration.

Conclusion: GBS demonstrates diverse clinical and electrophysiological patterns shaped by antecedent infectious triggers. Early recognition, prompt immunotherapy, and appropriate supportive care significantly improve short-term functional outcomes. Incorporating structured rehabilitation and occupational health assessment within the recovery pathway can facilitate safe and timely return to work following illness.

Topic: Prevalence of Subjective Daytime Sleepiness Among Corporate Employees: A Cross-Sectional Study Using Single Time-Point Assessment

Author/Presenter: Dr. Fahad Qureshi

Co-Authors: Dr. Ruchita Shinde, Paramedic Jagdish Samota, Paramedic Ruby Fernandes

Reliance Infrastructure Ltd.

Introduction: Subjective daytime Sleepiness (SDS) is the leading cause of preventable accidents and a primary driver of employee-reported quality of life and accidental risk. Chronic sleep deficiency is linked to metabolic, cardiovascular, and cognitive disorders — costing billions in lost productivity annually. Despite its critical relevance, sleep health is often overlooked in occupational and public health discourse.

Objective: To determine the prevalence of Excessive Daytime Sleepiness (EDS) in corporate employees and to assess age-wise, gender-wise, employment-wise, business-wise distribution of EDS while identifying high-risk prone to EDS.

Methodology: A cross-sectional survey was conducted on a single assessment date across a corporate workforce comprising 80 employees of Reliance Infrastructure Limited, Mumbai. Daytime sleepiness was evaluated using the Epworth Sleepiness Scale (ESS), a validated, eight-item self-report instrument with established sensitivity (93.5%) and specificity (100%) for differentiating normal from pathological sleepiness. Each item was scored on a 0–3 Likert scale, yielding a composite score ranging from 0 to 24; scores exceeding 10 were classified as indicative of clinically significant EDS. Demographic variables included age, gender, employment category and business unit affiliation. Linear regression was performed to examine the relationship between age and ESS total score, with statistical significance defined at $p < 0.052$. Data was analyzed using IBM SPSS Statistics v25.0.

Results: The study cohort had a mean age of 40.4 years (range: 22–60 years), with the 40–49 age group constituting the largest proportion (37.5%).

The sample was predominantly male 83.75% ($n = 67$), with females comprising 16.25% ($n = 13$). The majority of participants (81.25%; $n = 65$) were on-roll employees. The mean ESS total score was 5.49 (median: 5.0; SD: 3.21; range: 0–16), reflecting a workforce that is broadly within normal sleep health parameters. A total of 91.25% ($n = 73$) of participants scored within the normal range (ESS 0–10), while 8.75% ($n = 7$) demonstrated elevated scores consistent with EDS (ESS ≥ 11); of these, 7.5% ($n = 6$) exhibited mild-to-moderate EDS (ESS 11–15) and 1.25% ($n = 1$) met criteria for severe EDS (ESS 16). The situational context most strongly associated with dozing propensity was lying down to rest in the afternoon (mean item score: 1.38), whereas sitting and talking to someone demonstrated the lowest dozing propensity (mean item score: 0.16). No statistically significant differences in ESS scores were observed across gender (females: 6.31 vs. males: 5.33; $p = 0.317$) or employment type ($p = 0.908$). A borderline inverse correlation between age and ESS score was identified ($r = -0.218$; $p = 0.052$), suggesting a marginal trend toward lower sleepiness scores among older employees. Mean ESS scores across business verticals ranged narrowly from 4.9 to 6.0, indicating no clinically meaningful interdepartmental variation.

Conclusion: The predominant proportion of this corporate workforce demonstrated ESS scores within the normal range, suggesting adequate daytime alertness at the population level. However, 8.75% of employees exhibited clinically elevated daytime sleepiness warranting further medical evaluation. The absence of statistically significant differences across gender, employment category, and business units suggests that EDS risk in this cohort is not substantially modulated by occupational or demographic stratification. The borderline age-sleepiness correlation warrants longitudinal investigation. Targeted clinical follow-up, sleep hygiene education, and organizational wellness interventions are recommended for at-risk individuals.

Topic: Acute Flaccid Paralysis in an Adolescent Worker: Occupational Health Implications of Vitamin D Deficiency–Related Metabolic Bone Disease

Author/Presenter: Dr. Gopinath Gorige

Co-Authors: Dr. Prachi Sankhe, Dr. Prashant Purkar, Dr. Smita Patil

Introduction: Acute flaccid paralysis (AFP) is a neuromuscular emergency with differentials including Guillain-Barré syndrome, spinal cord pathology, and metabolic derangements. Among adolescent indoor workers, vitamin D deficiency–related metabolic bone disease with secondary hyperparathyroidism and electrolyte disturbances is an underrecognized, yet reversible, cause of acute flaccid weakness. This case highlights the importance of metabolic evaluation and occupational risk recognition in young workers with AFP.

Methodology: We describe a descriptive case report of a 15-year-old male indoor factory helper presenting with acute-onset ascending lower limb weakness over 24 hours (power 3/5), areflexia in the lower limbs, and preserved upper limb strength and sensations. Neuroimaging (MRI brain and spine), cerebrospinal fluid analysis, and electrocardiography were normal. Biochemical evaluation revealed hypocalcaemia (7.1 mg/dL), hypokalaemia (3.1 mEq/L), severe vitamin D deficiency (3.7 ng/mL), and markedly elevated parathyroid hormone (214.6 pg/mL), consistent with nutritional rickets and secondary hyperparathyroidism. The patient was treated with intravenous calcium, potassium supplementation, and high-dose cholecalciferol.

Results: Metabolic myopathy due to vitamin D deficiency–related metabolic bone disease was confirmed. Following correction of hypocalcaemia and hypokalaemia with vitamin D repletion, the patient showed rapid clinical improvement with complete recovery of muscle power and normalization of reflexes within 72 hours. Unlike Guillain-Barré syndrome, there was no antecedent infection, no albumin cytologic dissociation in cerebrospinal fluid, and no radiological evidence of neuroinflammatory or structural spinal pathology, supporting a metabolic rather than neuroimmune aetiology with structured rehabilitation contributed to improved functional outcomes, with

direct relevance to restoring daily activities and supporting safe occupational reintegration.

Conclusion: This case underscores that severe vitamin D deficiency with secondary hyperparathyroidism and electrolyte imbalance can present as AFP in adolescent indoor workers and is rapidly reversible with timely metabolic correction. Routine metabolic profiling (calcium, vitamin D, parathyroid hormone, and electrolytes) should be integrated into the diagnostic workup of AFP in occupationally vulnerable youth, and workplace-focused preventive strategies—including sun exposure facilitation, nutritional counselling, and supplementation programs—are essential to reduce avoidable neuromuscular morbidity and enable safe, early return to work.

Keywords: Acute Flaccid Paralysis, Hypocalcaemia, Vitamin D Deficiency, Secondary Hyperparathyroidism, Hypokalaemia, Occupational Health, Metabolic Bone Disease.

Study Type: Prospective Observational Descriptive | Setting: Tertiary Care Centre

Topic: Workplace FibroScan Screening Reveals a Hidden Burden of Early NAFLD in Industrial Workers: Impact of Integrated Lifestyle Intervention in Occupational Health

Author/Presenter: Dr. Nandan Mishra

Co-Authors: Dr. Aditya Paliwal

Reliance Industries Limited, Patalganga

Introduction: Non-alcoholic fatty liver disease (NAFLD) is an increasingly prevalent manifestation of metabolic syndrome, affecting a significant proportion of the working-age population. Despite its potential to progress to advanced liver disease, cardiovascular morbidity, and reduced productivity, NAFLD remains largely underdiagnosed in occupational settings due to its asymptomatic nature and the lack of targeted screening strategies. Conventional occupational health services primarily focus on regulatory compliance and acute care, often overlooking early detection of chronic metabolic conditions. This creates a critical gap in identifying at-risk individuals at a stage where the disease is still reversible. The present study explores the role of workplace-based FibroScan screening in detecting subclinical NAFLD and evaluates the feasibility of integrating structured lifestyle interventions within an occupational health framework.

Methodology: A cross-sectional screening was conducted among metabolically at-risk employees using transient elastography (FibroScan). Hepatic steatosis was defined as CAP ≥ 248 dB/m and fibrosis as liver stiffness ≥ 7 kPa. Correlation with lipid parameters was assessed using Pearson's coefficient ($n=45$). Employees identified with NAFLD were enrolled into a structured program comprising risk stratification, lifestyle counselling, follow-up tracking, and referral to specialist care where indicated.

Results: NAFLD was detected in 64.4% of participants, with fibrosis in 4.4% and no advanced fibrosis, indicating predominance of early-stage disease. Most individuals were asymptomatic and previously undiagnosed. Hepatic steatosis demonstrated an inverse correlation with HDL ($r = -0.32$) and weak positive association with triglycerides and VLDL ($r = 0.16$).

Among participants enrolled in the intervention program, early follow-up trends demonstrated clinically meaningful improvements, with approximately 15% achieving $\geq 5\%$ weight reduction (mean BMI reduction ~ 2 units) and $\sim 43\%$ showing improvement in glycaemic and lipid parameters. Program adherence was achieved in a majority of participants, and high-risk individuals were appropriately referred for specialist evaluation.

Conclusion: Workplace FibroScan screening identifies a substantial burden of undiagnosed early NAFLD, representing a critical window for intervention. Integration of structured lifestyle modification and referral pathways demonstrates the feasibility of transforming occupational health services from passive surveillance to proactive disease prevention

Topic: Immunization Coverage Among Migrant Workers in Urban Hyderabad: A Mixed-Methods Study

Author: Dr. Sahithi Mandava

Assistant Professor, Mallareddy Institute of Medical Sciences, Hyderabad

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Professor, Mallareddy Institute of Medical Sciences, Hyderabad

Background: Internal migrant workers comprise a substantial proportion of urban India's population yet face unique barriers to accessing routine immunization services. Despite India's Universal Immunization Programme, migrants encounter challenges including high mobility, lack of documentation, incompatible work schedules, and exclusion from health system microplanning, resulting in suboptimal vaccination coverage among their children.

Objective: To assess immunization coverage among children aged 12-59 months of migrant workers in Hyderabad and identify determinants of vaccine uptake using a comprehensive mixed-methods approach.

Methods: This explanatory sequential mixed-methods study combines a cross-sectional survey of 1,200 households across five settlement types with qualitative inquiry through in-depth interviews, focus group discussions, and key informant interviews. The study employs the 5As Taxonomy for Vaccine Uptake and Behavioral and Social Drivers (BeSD) of Vaccination Framework to systematically identify access, affordability, awareness, acceptance, and activation barriers.

Expected Results: The study will provide population-level estimates of full, partial, and zero-dose immunization coverage while uncovering contextual factors influencing vaccine uptake. Findings will reveal specific barriers related to mobility patterns, documentation requirements, service delivery gaps, and socio-cultural factors unique to migrant populations.

Conclusion: This research will generate actionable evidence to inform targeted interventions for improving immunization coverage among urban migrant workers. Recommendations will address service delivery modifications, urban microplanning strategies, and community engagement



approaches, with potential for scalability across Indian cities and relevance to global urban migration contexts.

Topic: Predictive Burnout Risk Detection in IT Workplaces Using an AI-Driven Occupational Health Monitoring System

Author/Presenter: Kiran J. Waghmare

CDAC Mumbai

This study presents an AI-driven system for predicting occupational burnout among IT employees using physiological, behavioral, and self-reported data. The model achieved 87% accuracy and demonstrated effectiveness in identifying burnout risks and related symptoms, enabling early intervention and improved occupational health management.

Introduction: The rapid growth of the IT sector has led to challenges such as prolonged screen exposure, sedentary lifestyles, irregular schedules, and high cognitive workload, increasing burnout risk. The World Health Organization reports that over 60% of IT employees experience moderate to high burnout. Traditional occupational health programs rely on periodic surveys and lack real-time predictive capabilities. AI integration enables continuous, data-driven monitoring of employee well-being.

Methodology: Data were collected from 300 IT employees over three months (Oct–Dec 2025) using wearable devices, activity logs, and structured questionnaires. Physiological data included heart rate variability and sleep patterns; behavioral data included work hours, screen time, and task completion; and self-reported data covered insomnia, acidity, low energy, daytime sleepiness, smoking, and alcohol use. Data were anonymized and analyzed using machine learning techniques.

Results: The model achieved 87% accuracy in predicting burnout linked to workload and stress. It identified fatigue trends (90%) and abnormal workload patterns (82%). It also detected symptoms such as insomnia (78%), acidity (72%), low energy (85%), daytime sleepiness (80%), smoking tendency (68%), and alcohol use (64%).

Conclusion: The proposed AI system enables predictive monitoring of burnout and associated factors, supporting early intervention. It enhances proactive



occupational health strategies and improves employee well-being in IT workplaces.

Topic: Retrospective Analysis of Glycated hemoglobin (HbA1c) and Fasting Blood sugar mismatch and Its correlation with CBC Parameters (Haemoglobin, MCV, and Mentzer Index) in Annual Health Checkup of corporate Employees.

Author/Presenter: Dr. Vivek Mandlekar

Co-Authors: Dr. Vivek Malpure

Medical Services, Reliance Industries Ltd. Navi Mumbai

Introduction: Glycated hemoglobin (HbA1c) and fasting blood sugar (FBS) are key indicators used in the diagnosis and monitoring of diabetes mellitus and Prediabetes. While both parameters are generally correlated, discrepancies such as elevated HbA1c in the presence of normal FBS are frequently observed in clinical practice. This discordance may be influenced by various biological, behavioural, and occupational factors. The present study aims to assess the extent of discordance between HbA1c and fasting blood sugar and to evaluate its association with complete blood count (CBC) parameters—specifically haemoglobin (Hb), mean corpuscular volume (MCV), and the Mentzer index—in an annual health checkup.

Methodology: This retrospective analytical study was conducted using PME data collected from employees of corporate offices, who had HbA1c, fasting blood sugar & CBC values available. Glycaemic status was categorized according to standard diagnostic criteria. Discordance was defined as HbA1c in the prediabetic range with normal FBS. Associations between haematological parameters and discordance were assessed using chi-square tests.

Results: Among individuals with HbA1c in the prediabetic range, 69.5% had normal FBS, indicating substantial discordance. Anaemia was significantly associated with discordance ($\chi^2 = 20.23$, $p < 0.001$). MCV showed a statistically significant association with discordance ($\chi^2 = 6.79$, $p = 0.033$). The Mentzer index, however, did not show a significant association ($p = 0.258$).

Conclusion: Anaemia and low MCV are significant contributors to HbA1c-FBS discordance in prediabetes. These findings underscore the need for



clinicians to interpret HbA1c in conjunction with blood glucose levels and CBC parameters. In the presence of low haemoglobin and/or MCV <80 fL, evaluation and treatment of iron deficiency or other underlying causes should be undertaken, with repeat HbA1c assessment after correction, as HbA1c levels may decline following resolution of iron deficiency anaemia.

Topic: Assessing the Impact of Mental Health First Aider Training on Employees' Perceived Anxiety

Author/Presenter: Ms. Asavari Patankar – Assistant Manager, Medical, Health & Welfare Services – Larsen & Toubro, Mumbai

Co-Authors: Dr. Divyang Shah – GM & Head, Medical, Health & Welfare Services – Larsen & Toubro, Mumbai

Larsen & Toubro

Introduction: Anxiety commonly affects how individuals think, feel, and function at work, with implications for well-being. To build awareness, an Anxiety Self-Reflection Quiz was administered pre and post Mental Health First Aiders training (MHFA) to help employees reflect on their anxiety levels and observe changes in self-awareness.

Methodology: This study uses a pre–post quantitative assessment with an Anxiety Self-Reflection Quiz to identify probable cases of generalised anxiety disorder.

The employees were screened for anxiety concerns and their severity. Following parameters were considered-

1. Excessive Worry
2. Cognitive Anxiety
3. Somatic/Physical Symptoms
4. Overall Psychological Distress-Severity

Aggregate comparisons of pre- versus post-training responses indicated positive shifts in anxiety self-reflection, clearer recognition of worry patterns and triggers, and greater confidence in applying coping strategies discussed during MHFA training.

Results: Aggregate analysis indicated positive shifts in anxiety self-reflection following MHFA training. Mild anxiety levels reduced post-intervention, and participants largely continued to report minimal anxiety. The assessment facilitated greater awareness of worry patterns, emotional triggers, and coping strategies, without escalation to severe anxiety.



Conclusion: The findings indicate that MHFA training supported positive shifts in employees' anxiety self-reflection, with a reduction in mild anxiety and sustained minimal anxiety levels. Enhanced awareness of worry patterns, emotional triggers, and coping strategies was observed without escalation to severe anxiety, underscoring the value of MHFA training in fostering psychological insight and a supportive, mentally healthy workplace.

Topic: Evaluating occupational and commute-driven pollutant exposure: A multi-tier urban analysis across 11 Indian cities

Author/Presenter: Kounik De Sarkar^{1, *}

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Introduction: Depending on occupational activities and commuting behaviours, urban populations experience varying levels of exposure to pollutants (e. g., PM, BC) [1]. However, there are limited studies on how these factors influence exposure dynamics across different urban tiers in India [1, 2]. This study aims to understand the distribution of job classifications, commuting activities, and associated PM_{2.5} exposures across 11 Indian cities, categorised into five Tier-1 (megacities with > 1 million population), three Tier-2 (0.5-1 million), and three Tier-3 (0.1-0.5 million) cities.

Methodology: A randomised survey, collecting detailed information on socio-demographic characteristics, occupation types, modes of commute, and activities, was conducted across 4,485 households. Apart from primary household surveys, ambient PM concentrations are collected from city CPCB stations to establish baseline background exposure levels of the cities [3]. Exposure is quantified by coupling survey-obtained occupational and commuting patterns with literature-established exposure factors [1-7]. Occupational durations are stratified by job classification: business-class and white-collar jobs are standardised to 8-hour daily shifts [4], while sales and retail roles are assumed to have 12-hour shifts across cities. To precisely capture manual labour exposure, blue-collar shift lengths are taken from a concurrent MSME sector survey across cities.

Results: Service-sector employment makes up the largest share of the workforce (28.6%), followed by the labour class (27.8%), the small-scale retail class (22.9%), and the business-industrial class (20.7%). White-collar jobs are most prominent in Tier-1 (33%) and Tier-3 (40.5%) cities, while business-industrial (28.5%) and blue-collar occupations (35.8%) are most common in Tier-2 cities. Significant differences in commute activities have been observed across city tiers. In Tier-1 cities, public transport (39.2%) and four-wheelers (31.9%) are the most preferred modes, while in Tier-2 cities, public transport (28.3%), walking (28.1%), and bicycling (23.6%) are the most prevalent modes. The average daily commuting distance is highest in Tier-1 cities (25.7 ± 18.4 km), followed by Tier-3 (16.3 ± 15.9 km) and Tier-2 (12.5 ± 17.1 km) cities. The highest PM_{2.5} exposure (2938 ± 1009.7 µg/day) is observed among retailers in Tier-1 cities who commute by train. In contrast, the lowest exposure (1245 ± 615.9 µg/day) is observed among white-collar professionals in Tier-2 cities who commute by metro.

Conclusion: Exposure to PM_{2.5} varies significantly by occupation and commuting mode across cities. Initial results suggest that individuals in blue-collar (skilled and unskilled) and small-scale retail occupations (shop owners, petty traders) face the highest average exposures, roughly 1.5-2 times higher than those in white-collar and business-class jobs. Commuters using buses and trains potentially experience higher exposure than those travelling by car or metro. Our findings underscore the importance of combining occupational distribution and commuting activity data to identify urban exposure disparities and formulate targeted health interventions.

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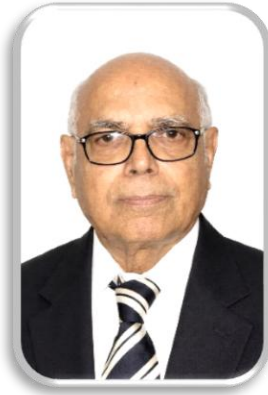
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JC KOTHARI ENDOWMENT



Dr. J. C. Kothari

Dr. J.C.Kothari, a pioneer in Occupational health and a mentor/veteran of IAOH, has generously donated Rupees Ten Lakhs through his family trust Icchagauri & Chhotalal Kothari Memorial Trust, to the IAOH, Mumbai Branch. The JC Kothari Endowment has thus been established to provide for various activities for the promotion of Occupational health in India, financial assistance to students of OH and for presenting their OH findings in international fora and to reward those achieving excellence in OH.

The activities are as below:

1. JCK Scholarship for Post graduate studies in Occupational Health: Students pursuing formal degree, diploma or certificate courses in OH in any recognized Universities or such approved bodies in India will be eligible to apply and receive a scholarship grant of up to Rs 25,000/- for the entire course. There will be 1 or 2 such scholarships every year depending on the availability of funds.
2. JCK Scholarship for Scientific Presentation in International Conference: OH professional/s whose scientific paper has been accepted for reading a Scientific paper or poster presentation in an International Occupational Health Conference, preferably in triennial congresses of International Commission on Occupational Health (ICOH). Travel scholarship amount will be Rs 50000/- for ICOH congress.

3. JCK Research Grant: To encourage research in OH & S, the endowment will offer OH professional or students of OH relevant to India. A sum of Rs 20000/- will be allocated every year for this purpose. The trustees or their appointed committees will evaluate and award grant/s to one or more deserving research projects.
4. Dr J.C.Kothari Shield for Excellence in Occupational Health. The shield will be for Mumbai branch to be awarded annually to a prospective study or research project on OH carried out by Occupational Health service of an industry in Mumbai or Maharashtra on a topic and guidelines given by the Branch Executive Committee in advance.
5. Any other activity, oration or award which the Board of trustees may consider appropriate and satisfying the basic objectives of the endowment in future.

ABOUT MUMBAI BRANCH

Workers engaged in the industry face hazards by way of their occupation. These can be in the form of accidents and occupational diseases. Bernardino Ramazzini, the Father of Occupational Medicine was the first person to propound this idea. Development in the field of Occupational Medicine occurred at great strides with the industrial Revolution.

The concept of Occupational Medicine has undergone a sea change since then. Currently, the trend is towards Occupational Health rather than Occupational Medicine, with its multiple facets which encompass a variety of other disciplines apart from medicine.

Virtually speaking, the foundations of this science in India, were laid down by three distinguished personalities - Col. J. R. Kocher, Major R. C. Tarapore & Lt. Col. Najib Khan. These men had been working with Tata Iron & Steel Co. Ltd., at Jamshedpur. They formed an organization under the name of Society for the Study of Industrial Medicine in 1948. The activities of this Society were initially confined to Jamshedpur. Though later, thanks to the efforts of Dr. H. P. Dastur, Dr. J. C. Patel, Dr. A. D. Daftary, Dr. Lobo Mendonca, Dr. L. D'Souza & Dr. N. M. Pant, the Bombay Branch of the Society was formed in 1952.

The rapid changes occurring in the field demanded a befitting name and so it was decided to change the name of the organization to the Indian Association of Occupational Health. The title denotes a wider array of activities within its ambit. There is greater emphasis on the health-related problems in a wide range of occupations covering all those who are gainfully employed, be it factories, farms, mines or plantations, railways, ships, aviation office etc.

The Indian Association of Occupational Health, Mumbai Branch has been active in the field since its inception 63 years ago. The passage has not been smooth; there have been obstacles every now and then, but they have been surmounted. We have indeed been fortunate to have a team of devoted people who have served the cause of Occupational Health well and in process earned laurels for the country.

Dr. P. V. Thacker, Ex-Chief Industrial Health Officer of TATAS was the first Indian to be elected on the Boards of the Permanent Commission & International Commission on Occupational Health. He was the Chairman of their Scientific Committee on Occupational Health in Developing Countries. Dr. J. C. Kothari, renowned Chest Physician, has been the President of the Asian Association of Occupational Health. Both have served on many Special Committees appointed to look into the health problems of the working class at the State and National levels.

The XII Asian Conference on Occupational Health was held at Bombay in November 1980. The branch has been in the forefront conducting various activities viz. Scientific meetings, Seminars, Conventions, Factory visits, Publishing a journal, Training sessions, etc. The Scientific meetings are convened to address relevant topics which have a bearing on the occurrences at the workplace. Faculty from abroad as well as local experts address these gatherings.

The annual convention is usually held in the first half of the year. Efforts are made to encourage participation of industrial physician as well as those professionals interested in Occupational Health. These act as source to update one's knowledge & get acquainted with the recent trends in this speciality. Periodically conducted factory visits help to demonstrate the effectiveness of an efficient Occupational Health service.

There was a collaborative effort with some of the public sector companies viz, SAIL, ONGC, IOC for an Advanced Training Program in Occupational Health with an International update in December 1994.

Many of our members are invited as guest faculties for various training courses arranged by the Central Labour Institute, National Safety Council etc.

K.M. BHANSALI MEMORIAL ORATION

To commemorate the meritorious services of late Dr. K. M. Bhansali, the branch has instituted a Memorial Oration. Dr. Bhansali's contribution to the growth of our Association & for the cause of Occupational Health has been an outstanding one.

THE J. C. KOTHARI SHIELD FOR EXCELLENCE IN OCCUPATIONAL HEALTH

Dr. J. C. Kothari, a pioneer in occupational health in India and a most admired mentor and veteran of IAOH, has granted a generous donation of Rupees Ten Lakhs as a Corpus through his family trust Ichhagauri & Chhotalal Kothari Memorial Trust. Through this donation the "J. C. Kothari Endowment" has been established for the promotion of Occupational Health activities in India. "The J. C. Kothari Shield for Excellence in Occupational Health" has been instituted under this endowment from the year 2009-10 to be awarded by the IAOH Mumbai Branch, to a Prospective study or a research project on Occupational Health carried out by an Occupational Health Service of an Industry in Mumbai or Maharashtra on a topic and guidelines given by the Branch Executive Committee in advance.

KILACHAND RESEARCH ENDOWMENT

Late Shri Arvind N. Kilachand, a prominent city Industrialist & Philanthropist had donated INR 25,000 to establish an Endowment for promoting research activities in Occupational Health. The branch has got a few projects in collaboration with academic institution under the auspices of this endowment.

WORKSAFE INDIA ORATION

This Oration has been constituted by the IAOH Mumbai Branch, in recognition of the promotion of Scientific activities by the WorkSafe India Corpus. This Oration will be awarded to a leading Scientist in the Medical field who has contributed to Research activities.

RELIANCE AWARD

In recognition of the constant support and encouragement given by one of India's largest industrial house Reliance Industries Ltd., the IAOH, Mumbai Branch constituted the 'Reliance Award' for the Best Scientific Paper at the Annual Conference.

HINDUSTAN UNILEVER AWARD

Hindustan Unilever has been in the forefront of all activities of the Indian Association of Occupational Health at the Branch as well as National level. In recognition of its support and co-operation, the Branch has instituted the

Hindustan Unilever Award for the Best Scientific Paper presented at the Annual Conference.

OCCUPATIONAL HEALTH SERVICES FOUNDATION (OHSF)

The Occupational Health Services Foundation was planned as the service wing of the Indian Association of Occupational Health, Mumbai Branch. OHSF, has on its agenda to undertake investigatory surveys in certain groups of industries like foundries, glazed tiles, dyes & pesticides.

BRANCH WEBSITE

To commemorate 70 years of its existence, a new Website of the Branch www.iaohmumbai.org was launched during the 70th Annual Conference in April 2022. The objective of the Website is to maintain regular communication with members and keep them informed on various initiatives and activities of the Branch.

DR. K. M. BHANSALI MEMORIAL ORATION

Year	Orator	Subject
1977	Dr. Robert Murray U.K.	
1978	Dr. H. I. Zala	Air pollution in Greater Bombay
1979	Dr. J. C. Kothari	Tuberculosis in Industries
1980	Dr. A. K. Ganguly	Safety Standards in Nuclear Occupations
1981	Dr. D. J. Jussawalla	The current state of knowledge about Carcinogenesis with special reference to Occupational Carcinogens
1982	Dr. Krishnamurthy	Epidemiological studies on Environmental Toxins
1984	Dr. R. D. Lele	Coronary artery diseases; Prognosis, Rehabilitation & Prevention
1985	Dr. M. B. Bhide	Biological Monitoring
1986	Mrs. Awabai Wadia	Family Planning
1988	Prof. Seiya Yamaguchi Inst. of Community Medicine University of Tsukuba, Japan	Risk factors in chronic obstructive pulmonary Malfunction & Chronic Bronchitis Symptoms in Beijing Dist. (A joint study between Japan & China)
1989	Dr. Swati Piramal	Executive Health and Fitness
1990	Dr. R. C. Panjwani	Ergonomic applications in Industry
1991	Dr. Nitu Mandke	Coronary Bypass Graft Surgery
1992	Dr. F. E. Udawadia	Adult Respiratory Distress Syndrome
1993	Dr. Ramamurthy	Recent Advances in Malaria
1994	Dr. N. H. Wadia	Episodic Unconsciousness

Year	Orator	Subject
1995	Dr. V. R. Joshi	Rheumatoid Arthritics - Recent advances in the Management
1996	Dr. Snehalata Deshmukh	Women in Education: Environment & Foetus
1997	Dr P G. Kamath	Fading Art of Clinical Medicine
1998	Dr. G. Arjundas	
1999	Dr. K. Ravishankar	Headache
2000	Dr. R. H. Parekh	OH beyond 2000: An Extrapolative Perspective
2001	Dr. S. Sivaramakrishnan	Challenge of Managing Change Occupational Health Physician's Perspective
2002	Dr. Bengt Knave	Occupational Health
2003	Dr. Suresh H. Advani	Occupational Cancer
2004	Dr. Ashwin B. Mehta	A Journey through Cardiology
2005	Col. Lalit Rai. Vir Chakra	Occupational Health Issues faced by Armed Forces during Kargil War
2006	Col. Lalit Rai, VC (Vir Chakra)	Pesticide Toxicity in Agricultural Workers
2007	Dr. S. K. Rastogi	Environmental Toxicology
2008	Dr. Kaj Elgstrand	A new OHS paradigm needed?
2009	Dr. Pranab Kumar Nag	Ergo Industry - Concepts & Issues
2010	Dr. N. K. Chandrasekaran	In the Foot Prints of Time - A Three Decade Occupational Health Practice-Glimpses
2011	Padmabhushan Dr. R. Panda	The Occupational Health Physician: The Frontline in the Battle Against Chronic Diseases

Year	Orator	Subject
2012	Dr. Anant Joshi	Hazard of exercise - sudden death to crippling pain
2013	Dr. Madhav H. Kamat	Recent Trends in the Management of Prostate Cancer
2014	Dr. G. K. Kulkarni	An Approach to Human Resources Planning in Occupational Health.
2015	Dr. Shashank Joshi	Diabetes in Indians - 2015.'
2016	Dr. S. M. Shanbag	Learning & Experiences in Three Decades of My Occupational Health Practice
2017	Dr. T. Rajgopal	Redefining Personal Wellness
2018	Dr. Sunil Keswani	Electrical Burn
2019	Dr. Om Shrivastav	Infections in 2019 ... Is it reading Tea Leaves?"
2020	Dr. Hemant Haldavaneekar	Radiation and Health
2021	Dr. Pragya Yadav	A journey of the isolation of the SARS-CoV-2 to vaccine development in the fight against COVID-19 in India
2022	Dr. Hemant P. Thacker	Post COVID Scenario Management
2023	Prof. Sanjay Zodpey	Status of Occupational Epidemiology in India – Gaps and Opportunities
2024	Dr. Tanu Singhal	Relevance of Infectious Diseases in Workplace Settings
2025	Dr. Vishal Peshattiwar	Spine health: beyond analgesics and surgery.
2026	Dr. Harish Shetty	Sing, Swing, Smile & Shine: Success in the 21 st Century

WORKSAFE INDIA ORATION

Year	Orator	Subject
2004	Padmashri Prof. Dr. Ranjit Roy Chaudhury	Rational use of Drugs
2005	Dr. Shekhar Y. Bhojraj	
2006	Dr. S. N. Saiyed	
2007	Dr. Ramakant K. Deshpande	Occupational Cancer
2008	Dr. (Prof.) Kazutaka Kogi	Participatory Occupational Health: Advances in action Toolkits
2009	Dr. Sanjay N. Oak	Role of Medical Colleges in Promotion of Occupational Health
2010	Dr. Zarir F. Udwadia	Sleep Apnea-A wolf in sheep's clothing
2011	Dr. K. B. Sainis	Living with Ionizing Radiation and Safe Too
2012	Dr. Nisheeta Agarwala	An eye on sight - safety, first aid, rehabilitation
2013	Dr. T. Rajgopal	Mental Wellbeing at the Workplace: The Unilever Experience
2014	Dr. Sameer Shah	Fatty Liver: A new negative marker of Health?
2015	Dr. Ramnik Parekh	Thoroughly Unsafe India - A Challenge'.
2016	Dr. K. S. Pradeepkumar	Hiroshima to Fukushima: Radiation, Concerns and Facts
2017	Dr. G. K. Kulkarni	Occupational Health Index
2018	Dr. Damodar V. Lele	Women at Work
2019	Dr. P. K. Sishodiya	"Human Cost of Silicosis and Mitigating Sufferings: Lessons from Rajasthan Model"
2020	Dr. Claudina Nogueira	Update on Occupational Health in South Africa
2021	Dr. Shashank Joshi	Freedom from COVID-19 Safe Work Space
2022	Dr. Dharmesh Parekh	Health & Safety – A vital cog for Business Continuity in Pandemic Management

Year	Orator	Subject
2023	Dr. Ann Olsson	Occupational Cancer Epidemiology – From Hazard Identification to Cancer Prevention
2024	Dr. Vandana Shidne	Diversity & Inclusion at Workplace
2025	Dr. Neetika Chauhan	Beyond the Ordinary: Embracing Operational Excellence
2026	Dr. Naresh Jhamnani	OHSE as a Driver of Business Excellence, not a Cost Center

JC KOTHARI SHIELD FOR EXCELLENCE IN OCCUPATIONAL HEALTH

Year	Orator	Subject
2009-10	Hindustan Unilever Ltd.	Occupational Health and Wellness Activities at the Workplace.
2010-11	Larsen & Toubro Ltd., Mumbai	Strategic Interventions for Non-Communicable Diseases in the Industry / Workplace.
2011-12	Siemens Ltd.	Workplace Improvement for Employee Wellbeing
2012-13	Hindustan Unilever Ltd.	Promoting Mental Wellbeing at Workplace
2014-15	Dr. Praveen Davuluri, Seth G.S. Medical College & KEM Hospital, Parel, Mumbai	Current Occupational Health Scenario in Small and Medium Scale Industries

S. M. DAHANUKAR ROTATING TROPHY

Year	Orator	Subject
2004	Hindalco Industries Limited	Emergency Preparedness and Response Plan
2005	Grindwell Norton Limited	Occupational Health in Engineering Industry
2006	The Tata Power Co. Ltd.	HIV AIDS Intervention at the Workplace
2007	Air India	
2008	Reliance Industries Ltd., Patalganga	Wellness at the Workplace

RELIANCE AWARD

Year	Orator	Subject
2005	Dr. Kishore Madhwani	
2006	Dr. Pournima Kulkarni	
2007	Dr. A. N. Prashanth	Legal Awareness (OHS) Among Various Levels of Management
2008	Dr. Dimple Shah	Amniotic membrane transplantation & Mitocin-C drops-A cost effective modality for treating superficial & deep corneal vascularisation, a sequelae of chemical injuries.
2009	Miss. Indu Karki	Impact of Traditional VS Improved Kitchen Gardening Equipments on the Wellbeing of Hill Women Farmers
2010	Dr. Akhil Goel	Childhood neurological manifestations due to aerosolized lead in an unorganised cottage industry
2011	Dr. Prachi Chakor	Substance Abuse Among Factory Employees - A Great Concern?
2012	Dr. Pankaj Raut	Effect of BMI reduction program as an add on therapy for euglycemic control for DM employees in a large petrochemical plant
2015	Dr. Ajay Deshpande	A case of Deep Vein Thrombosis with Pulmonary Embolism: Occupational Illness or not?
2016	Ms. Sheryl Salis	Impact of wellness coaching on improvement in risk parameter of apparently healthy employee working in corporate set up
2018	Dr. Mitesh Patel	Assessment of Benzene Exposure and Biological Monitoring at Central Laboratory
2023	Dr. Jeevan Waghmare	Best Practices during Covid-19 Pandemic for Maintaining Performance and Productivity in the New Normal- A Case Study of Refinery in Oil and Gas Exploration Industry

2024	Dr. Nadia Godinho	Morbidity Profile of workers in a Sponge Iron industry In Goa - A retrospective Record Based study
2025	Dr. Rashmi katta	Implementing a Diabetes Management Program in Corporate Settings
2026	Mr. Asavari Patankar	Evaluating the effectiveness of Mental health services in corporate environment- accessibility, utilization, and impact on employee wellbeing.

HINDUSTAN UNILEVER AWARD

Year	Orator	Subject
2005	Dr. Divyang Shah	
2006	Mr. S. C. Sawant	
2007	Mr. S. V. Thorve	Achieving Excellence in OSH - A Novel Approach
2008	Shri. V. P. Rane	CASH - A way of life where OH Workers Wonders!
2009	Dr. Aditi Deshpande	Study on Blood Lead Levels of Ganesh Idol Artisans
2010	Dr. Unmesh Korde	Profile of workplace injuries in Mumbai Distribution Business of Reliance Energy Limited
2011	Dr. Anil Thomas	Lifestyle Diseases Integrated Prevention and Control in Organisational Health Care: A Public Health Perspective
2012	Dr. Rajendra Patil	Thalassemia in anaemia - Seek the hidden
2015	Dr. Naresh Jhamnani	Health Index for Non- Communicable Diseases'

2016	Dr. Nikunj Desai	Integrated, Sustainable and Focused Approach Approve Innovative Initiative - TBHRA and CASHE for workplace improvement'
2018	Dr. Malarkodi Mohanraj	Strategic approach to evaluate and mitigate heat stress among gardeners.
2023	Ms. Kamlika Gupta	Human hair and nails as bioindicators of environmental heavy metal exposures in adult women in Mumbai
2024	Dr. Shakthi Dorai	Screening for Respiratory Morbidities Among Traffic Police Personnel Working in Mumbai
2025	Dr. Parna Bardoloi	Transformative Impact: A Retrospective Analysis of Healthcare Facilities' Role in Achieving Zero HIV-Positive Babies Among Mothers Living with HIV"
2026	Dr. Sachin Bhandare	Evaluating the HEART score for risk stratification in Emergency chest pain cases



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- Liver & Kidney Transplant
- Surgical Oncology
- Medical Oncology
- Gastroenterology
- General & Lap Surgery
- Emergency Medicine
- Internal Medicine
- Obstetrics & Gynaecology
- Dental & ENT
- Neonatology
- Ophthalmology
- Paediatrics
- Paediatric Hematology & Oncology
- Hematology
- Physiotherapy & Rehabilitation
- Neuro Rehabilitation
- Neurophysiology
- Clinical Physiology
- Pulmonology
- Vascular Surgery
- Paediatric Neurology
- Paediatric Orthopedic
- Paediatric Surgery
- Plastic Surgery
- Dermatology
- Endocrinology
- Dietician
- Rheumatology
- Psychiatry
- Infectious Diseases
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GUEST LECTURE

Year	Orator	Subject
1984	Dr. S. Ramaswami	
1985	Dr. S. R. Kamat	Long Term Monitoring Studies on MIC affected persons
1986	Dr. Kusum Zaveri	
1988	Dr. Ashwin Mehta	Fitness to work after Myocardial infraction
1989	Dr. R. D. Lele	Aids in workplace, Prevention strategies
1990	Dr. H. J. Shroff	Occupational Dermatitis
1991	Mr. C. D. Oommachen	Environmental Pollution
1992	Dr. Anant Joshi	Management of Sports Injuries
1993	Dr. Ravin Thatte	Burn ... Rehabilitation
1994	Dr. V. Y. Gavande	Phalangeal Fractures in Head — Treatment by Dynamic Traction
1995	Dr. H. B. Chandalia	Management of Diabetes Mellitus at Workplace
1996	Dr. S. R. Shinde	Progress at What Cost?
1997	Dr. Rekha Sheth	Occupational Dermatitis
1998	Dr. R. C. Panjwani	Visual and musculoskeletal fatigue in operators using display terminals — a study in the Indian context.
1999	Dr. A. A. Mahashur	Occupational Lung Disorders — Indian Perspective
2000	Dr. Y. N. Sinha	Medical Emergency Response Planning in Disaster
2001	Dr. Anand Nadkarni	Coping with Downsizing — Role of Industrial Physician
2002	Mr. S. Shahzad Hussain	Rural Development & Health
2003	Dr. Badrinath D. Athani	Work Hardening — Concept & Practice
2004	Dr. Milind V. Kirtane	Noise Induced Hearing Loss Innovations in Deafness Correction

OUR PAST OFFICE BEARERS

Year	President	Hon. Secretary	Finance Secretary
1952-53	Dr. R. L. Mendonca	Dr. N. M. Pant	Dr. Larry D'Souza
1953-54	Dr. A. D. Daftary	Dr. N. M. Pant	Dr. V. V. Kulkarni
1954-55	Dr. H. G. Patel	Dr. Larry D'Souza	Dr. N. M. Pant
1955-56	Dr. M. D. Engineer	Dr. Larry D'Souza	Dr. R C. Mehta
1956-57	Dr. V. V. Kulkarni	Dr. S. V. Bhatt	Dr. R. Roydasondi
1957-58	Dr. Larry D'Souza	Dr. N. M. Kalapesi	Dr. D. G. Khare (Dr. A. B. Bhansali)
1958-59	Dr. A. F. Hiredia	Dr. N. M. Kalapesi	Dr. D. G. Khare (Dr. A. B. Bhansali)
1959-60	Dr. S. V. Bhatt	Dr. P. Roydasondi	Dr. A. B. Bhansali
1960-61	Dr. N. M. Pant	Dr. P. Roydasondi	Dr. S. R. Patwardhan
1961-62	Dr. R C. Mehta	Dr. V. Doshi	Dr. T. Fonseca
1962-63	Dr. R Roydasondi	Dr. V. Doshi	Dr. S. D. Donde
1963-64	Dr. S. R. Patwardhan	Dr. S. K. Das	Dr. S. D. Donde
1964-65	Dr. T. Fonseca	Dr. R V. Thacker	Dr. J. C. Kothari
1965-66	Dr. S. D. Donde	Dr. R V. Thacker	Dr. J. C. Kothari
1966-67	Dr. D. V. Doshi	Dr. M. R. Bhatt	Dr. C. V. Talwalkar
1967-68	Dr. R V. Thacker	Dr. M. R. Bhatt	Dr. C. V. Talwalkar
1968-69	Dr. J. C. Kothari	Dr. A. M. Mehta	Dr. C. V. Talwalkar
1969-70	Dr. S. M. Pradhan	Dr. A. M. Mehta	Dr. S. D. Donde
1970-71	Dr. M. R. Bhatt	Dr. G. D. Bhatia	Dr. C. R Sadarangani
1971-72	Dr. C. V. Talwalkar	Dr. G. D. Bhatia	Dr. C. R Sadarangani
1972-73	Dr. A. M. Mehta	Dr. M. J. Saldanha	Dr. V. R Pathak
1973-74	Dr. G. D. Bhatia	Dr. M. J. Saldanha	Dr. V. P. Pathak
1974-75	Dr. C. P. Sadarangani	Dr. R. C. Panjwani	Dr. B. K. Jani
1975-76	Dr. M. J. Saldanha	Dr. R. C. Panjwani	Dr. B. K. Jani
1976-77	Dr. V. R Pathak	Dr. J. D. Pradhan	Dr. G. G. Davay
1977-78	Dr. B. K. Jani	Dr. J. D. Pradhan	Dr. G. G. Davay

OUR PAST OFFICE BEARERS

Year	President	Hon. Secretary	Finance Secretary
1978-79	Dr. R. C. Panjwani	Dr. A. B. Bhajekar	Dr. J. K. B. Tavaría
1979-80	Dr. G. G. Davay	Dr. A. B. Bhajekar	Dr. J. K. B. Tavaría
1980-81	Dr. S. D. Pradhan	Dr. N. U. Gulvady	Dr. H. J. Shroff
1981-82	Dr. J. K. B. Tavaría	Dr. G. G. Davay	Dr. H. J. Shroff
1982-83	Dr. A. B. Bhajekar	Dr. Surendra Nath	Dr. P, G, Talwalkar
1983-84	Dr. H. J. Shroff	Dr. Surendra Nath	Dr. P. V. Thacker
1984-85	-	Dr. A. N. Dandekar	Dr. P. V. Thacker
1985-86	Dr. N. U. Gulvady	Dr. A. N. Dandekar	Dr. P. V. Thacker
1986-87	Dr. Surendra Nath	Dr. A. N. Dandekar	Dr. P. V. Thacker
1987-88	Dr. R. G. Talwalkar	Dr. S. M. Sapatnekar	Dr. R. V. Thacker
1988-89	Dr. S. M. Sapatneka	Dr. R. H. Parekh	Dr. J. Kumar
1989-90	Dr. S. M. Sapatneka	Dr. J. Kumar	Dr. D. V. Lele
1990-91	Dr. R. H. Parekh	Dr. S. Sivaramakrishnan	Dr. D. V. Lele
1991-92	Dr. J. Kumar	Dr. G. K. Kulkarni	Dr. D. V. Lele
1992-93	Dr. A. N. Dandekar	Dr. G. K. Kulkarni	Dr. D. V. Lele
1993-94	Dr. V. B. Sambargi	Dr. S. M. Shanbhag	Dr. D. V. Lele
1994-95	Dr. S. Sivaramakris	Dr. S. M. Shanbhag	Dr. S. V. Datar
1995-96	Dr. D. V. Lele	Dr. C. V. Pai	Dr. S. V. Datar
1996-97	Dr. G. K. Kulkarni	Dr. C. V. Pai	Dr. R. V. Karanjekar
1997-98	Dr. T. Rajgopal	Dr. D. T. Jadhav	Dr. R. V. Karanjekar
1998-99	Dr. S. M. Shanbhag	Dr. D. T. Jadhav	Dr. H. Haldavnekar
1999-20	Dr. R. V. Karanjekar	Dr. H. D. Kshirsagar	Dr. H. Haldavnekar
2000-01	Dr. C. V. Pai	Dr. H. D. Kshirsagar	Dr. H. Haldavnekar
2001-02	Dr. S. V. Datar	Dr. S. R. Pingle	Dr. H. Haldavnekar
2002-03	Dr. D. T. Jadhav	Dr. S. R. Pingle	Dr. H. Haldavnekar
2003-04	Dr. H. D. Kshirsagar	Dr. C. S. Gulvady	Dr. N. J. Palan
2004-05	Dr. H. D. Kshirsagar	Dr. C. S. Gulvady	Dr. N. J. Palan
2005-06	Dr. S. R. Pingle	Dr. K. P. Madhwani	Dr. N. J. Palan
2006-07	Dr. S. R. Pingle	Dr. K. P. Madhwani	Dr. N. J. Palan
2007-08	Dr. H. Haldavnekar	Dr. Dharmesh Parekh	Dr. Hitendra Wagle

OUR PAST OFFICE BEARERS

Year	President	Hon. Secretary	Finance Secretary
2008-09	Dr. H. Haldavnekar	Dr. Dharmesh Parekh	Dr. Hitendra Wagle
2009-10	Dr. C. S. Gulvady	Dr. (Maj.) Bishwadeep Paul	Dr. Hitendra Wagle
2010-11	Dr. C. S. Gulvady	Dr. (Maj.) Bishwadeep Paul	Dr. Hitendra Wagle
2011-12	Dr. K. P. Madhwani	Dr. Ashish Mishra	Dr. Rakesh Matekar
2012-13	Dr. K. P. Madhwani	Dr. Ashish Mishra	Dr. Rakesh Matekar
2013-14	Dr. Dharmesh Parekh	Dr. Vandana Shinde	Dr. Rakesh Matekar
2014-15	Dr. Dharmesh Parekh	Dr. Vandana Shinde	Dr. Rakesh Matekar
2015-16	Dr. Hiren R. Desai	Dr. Ajay Sati	Dr. Vini Nair
2016-17	Dr. Hiren R. Desai	Dr. Ajay Sati	Dr. Vini Nair
2017-18	Dr. Vandana Shinde	Dr. Joel Samuel	Dr. Utpal Chakraborty
2018-19	Dr. Vandana Shinde	Dr. Joel Samuel	Dr. Utpal Chakraborty
2019-20	Dr. Ashish Mishra	Dr. Nikunj Desai	Dr. Naresh Jhamnani
2020-21	Dr. Ashish Mishra	Dr. Nikunj Desai	Dr. Naresh Jhamnani
2021-22	Dr. (Maj) Bishwadeep Paul	Dr. Neetika Chauhan	Dr. Naresh Jhamnani
2022-23	Dr. (Maj) Bishwadeep Paul	Dr. Neetika Chauhan	Dr. Naresh Jhamnani
2023-24	Dr. Divyang Shah	Dr. Aditya Paliwal	Dr. Vinit Gaikwad
2024-25	Dr. Divyang Shah	Dr. Aditya Paliwal	Dr. Vinit Gaikwad
2025-26	Dr. Joel Samuel	Maj (Dr.) Anand D. More (Retd)	Dr. Amruta Desai

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- Medicovert Hospitals
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